

# ADVENTURE 5



The Adventure 5 treadmill is tough enough for your toughest workouts. The sturdy frame, and responsive motor deliver the performance you need when you're ready for higher speeds, steeper inclines and longer workouts. Plus, ViewFit connectivity simplifies workout tracking to help you reach your fitness goals.

## FEATURES

- MP3-compatible speakers so you can work out to your own music
- ViewFit connectivity for simplified workout tracking
- Simple, intuitive displays to help you track your effort while you work out
- Folding frame and front transport wheels for simplified storage



With ViewFit, you'll never have to manually enter your workouts again because your machine will do it for you. Go to ViewFitness.com or download the app to connect your equipment, track your efforts and share your progress.

TREADMILL		CONSOLE	
RUNNING AREA	140 x 51 cm / 55" x 20"	DISPLAY	5.75" Blue Backlit LCD
CUSHIONING	Variable Response Cushioning	WORKOUT FEEDBACK	Time, Distance, Incline, Speed, Calories, Heart Rate, Profiles and Laps
BELT	1.6 mm	PROGRAMS	14 Programs, including Classic (Manual, Speed Intervals, Peak Intervals, Weight Loss), Distance (1k, 5k, 10k), Calories (100KCal, 300KCal, 500KCal), HRC (HRC Speed, HRC Incline), Custom1, Custom2
MOTOR	2.25 CHP Digital Drive Motor	ENTERTAINMENT	Sonic Surround Speakers, Audio in Jack
SPEED RANGE	0.8 – 20 km/h / 0.5 – 12 mph	ViewFit	ViewFit Connectivity
INCLINE RANGE	0 – 12%	PASSPORT	Passport Ready
DIMENSIONS (L x W x H)	182 x 89 x 138 cm / 72" x 35" x 54"	HEART RATE	Contact Grips and Polar® Wireless Receiver
FOLDED DIMENSIONS (L x W x H)	114 x 89 x 155 cm / 45" x 35" x 61"		
PRODUCT WEIGHT	84 kg / 185 lbs.		
USER WEIGHT CAPACITY	148 kg / 325 lbs.		
EXTRAS	Energy Saver Mode, Smart Device Rack, Cup Holder		

