

Life*maxx*[®]



CROSS*maxx*[®] **LMX.**

CATALOGUE II

Introduction

For more than 10 years, Lifemaxx® has been designing, manufacturing and supplying commercial grade fitness accessories throughout Europe. Within this period our clients have always been our source for information and inspiration to make existing designs better and create innovative new products.

The last few years we expanded our product range significantly due to the continuous changing fitness market and the trend towards functional training. Our newest brand Crossmaxx®; specialized in functional training products, now offers a complete solution for all functional training areas. This year we are proud to launch our new line of poly urethane dumbbells, barbells and weightplates. These products are designed with an eye on functionality; they do not roll away and the marking of the weight is on all sides. We even made the dumbbell rack for the smaller weights look like a piece of art!

From our Rotterdam warehouse we are able to supply our clients with high quality products at competitive prices. We hold a high stock level, and being in the heart of Europe gives us the advantage to offer our clients quick deliveries and great service.
With healthy regards on behalf of the Lifemaxx® team,

Denise Doolhof & Diederick Goede

Keep in touch through our Facebook and Instagram pages and read about our latest updates, innovations, events and client experiences.



/Lifemaxxfitness
/Crossmaxxfitness



/Lifemaxxfitness

Contents

Free Weights	4 - 9
Dumbbells	5
Barbells	6
Weight plates	6 - 7
Kettlebells	8 - 9
Bars	10 - 13
Olympic bars	11
Specialty bars	12
Bars (Ø30mm)	12 - 13
Accessories	14 - 23
Cable attachments	15 - 16
Fitness accessories	17 - 18
We've got balls	19
Essentials & Accessories	21 - 22
Training accessories	22 - 23
Functional Training & Groupfitness	24 - 41
Racks & Benches	42 - 55
Free weight racks	43 - 47
Functional training & Groupfitness racks	48 - 52
Benches	52 - 55
Lifemaxx Functional Rack	56 - 64
Racks & Accessories	57 - 63
Functional Wall Rack	64
Fanatic	65
Floors	66 - 67
Crossmaxx	68 - 103
Strength	68 - 75
Olympic bars	69 - 70
Jerk blocks, Platform	70
Bumper plates	72
Collars & Chains	73
Dumbbells, Kettlebells, Core training, Sandbags	75
How to clean your bar	71
Air Bike Pro	76 - 77
Gymnastic & Conditioning	78 - 83
Mobility & Training accessories	84 - 87
Essentials & Accessories	87
Racks & Benches	88 - 92
Floors	93
Rig XI & Accessories	95 - 99
Rig & Accessories	100 - 103
Ordering	104 - 105
Need help?	106 - 107

FREE WEIGHTS

Dumbbells | Barbells | Weight plates | Kettlebells



Dumbbells



LMX72 Lifemaxx® PU dumbbells

Poly urethane | Per set | 1 to 10 KG, 1 KG increment
12 to 60 KG, 2 KG increment | 3 year warranty
Compatible with LMX94 Lifemaxx® PU dumbbell tower



LMX75 Dumbbells

Rubber | Per set | 2 to 10 KG, 1 KG increment
12 to 60 KG, 2 KG increment | 1 year warranty



LMX75C Contoured dumbbells

Rubber | Per set | 2 to 10 KG, 1 KG increment | 12 to 60 KG, 2 KG increment | Contoured grip | 1 year warranty



LMX79 Fixed dumbbells

Rubber | Per set | 1 to 10 KG, 1 KG increment
12 to 60 KG, 2 KG increment | 1 year warranty



LMX80 Chrome dumbbells

Chromed | Per set | 1 to 10 KG, 1 KG increment
1 year warranty



LMX81 Hexagon dumbbells

Rubber | Per set | 2,5 to 40 KG, 2,5 KG increment
1 year warranty



LMX79.SDW Dumbbelltower with fixed dumbbellset 1-10 KG | Colour: black

LMX80.SDW Dumbbelltower with chrome dumbbellset 1-10 KG | Colour: black

Barbells

LMX74 Lifemaxx® PU EZ & Straight barbells
Poly urethane | 10 to 40 KG, 5 KG increment
3 year warranty



LMX77 Straight barbell
Rubber | 10 to 50 KG, 1 KG increment
1 year warranty

LMX78 EZ barbell
Rubber | 10 to 50 KG, 1 KG increment
1 year warranty

Weight plates



LMX1132 Body pump disc
Ø30mm | Rubber | Available in the following weights: 1.25, 2.5, 5, 10 KG | Per piece | 1 year warranty | Also available as full set LMX1129



LMX73 Lifemaxx® PU Olympic discs
Ø50mm | Poly urethane | Available in the following weights: 1.25, 2.5, 5, 10, 15, 20, 25 KG | Stainless steel inserts | Per piece | 3 year warranty



LMX84 Disc
Ø30mm | Rubber | Available in the following weights: 0.5, 1, 1.25, 1.5, 2, 2.5, 3, 4, 5, 10, 15 KG | Per piece | 1 year warranty



LMX92 Olympic disc 5-grip model
Ø50mm | Rubber | Available in the following weights: 1.25, 2.5, 5, 10, 15, 20, 25 KG | Stainless steel inserts | Per piece | 1 year warranty

Weight plates



LMX86 Olympic disc (black)
Ø50mm | Rubber | Available in the following weights: 1.25, 2.5, 5, 10, 15, 20, 25 KG | Stainless steel inserts | Per piece | 1 year warranty



LMX87 Crossmaxx® Bumper plate
Ø50mm | Rubber | Available in the following weights: 5, 10, 15, 20, 25 KG | Stainless steel inserts | Per piece | 1 year warranty



LMX85 Crossmaxx® Competition bumper plate (black)
Ø50mm | Rubber | Available in the following weights: 5, 10, 15, 20, 25 KG
Stainless steel inserts | Per piece | 1 year warranty



LMX85C Crossmaxx® Competition bumper plate (coloured)
Ø50mm | Rubber | Available in the following weights: 10, 15, 20, 25 KG
Stainless steel inserts | Per piece | 1 year warranty



LMX95 Crossmaxx® ELITE fractional plate
Ø50mm | Poly urethane | Available in the following weights: 0.5, 1, 1.5, 2, 2.5 KG | Per piece | 1 year warranty



LMX87.025 Crossmaxx® Technique plate
Ø50mm | PVC | Available in 2,5 KG | Per piece | Plate Ø 450mm
1 year warranty



Kettlebells



LMX88 Crossmaxx® Competition kettlebell

Steel (4KG Aluminium) | Available in the following weights: 4, 8, 12, 16, 20, 24, 28, 32, 36, 40, 44, 48 KG | Handle Ø33mm | Per piece



LMX93 Crossmaxx® Powdercoated kettlebell

Iron | Available in the following weights: 4, 8, 12, 16, 20, 24, 28, 32, 36, 40 KG | Per piece



LMX90 Cast iron kettlebell

Iron | With rubber foot | Available in the following weights: 4, 6, 8, 12, 16, 20, 24, 28, 32, 36 KG | Per piece



LMX89 Rubber kettlebell

Rubber | Available in the following weights: 4, 8, 12, 16, 20, 24, 28 KG | Per piece

BARS

Olympic bars | Specialty bars | Bars (Ø30mm)



Olympic bars



LMX30 Olympic competition bar

Length: 2200mm | Handle Ø28mm | Sleeve Ø50mm
Weight: 20 KG | Maximum load: 675 KG | Spring steel
Bearing type: Needle | Brushed steel finishing | PSI: 205000



LMX38 Olympic competition women's bar

Length: 2000mm | Handle Ø25mm | Sleeve Ø50mm
Weight: 15 KG | Maximum load: 475 KG | Spring steel
Bearing type: Needle | Brushed steel finishing | PSI: 205000



LMX43 Crossmaxx® Olympic compact competition bar

Length: 1780mm | Handle Ø28,5mm | Sleeve Ø50mm | Weight: 16 KG
Maximum load: 2000LB | Spring steel | Bearing type: Needle - 4 per sleeve | Black oxide and hard chrome finishing | PSI: 205000



LMX42 Olympic bar 50mm 185cm

Length: 1850mm | Handle Ø30mm | Sleeve Ø50mm | Weight: 16 KG
Maximum load: 315 KG | Bearing type: Bushing | Brushed steel finishing



LMX33 Olympic EZ bar 50mm 120cm

Length: 1200mm | Handle Ø30mm | Sleeve Ø50mm | Weight: 8 KG
Maximum load: 315 KG | Bearing type: Needle | Brushed steel finishing

LMX35 Multi purpose bar 50mm 90cm

Length: 900mm | Handle Ø30mm | Sleeve Ø50mm | Weight: 10 KG
Maximum load: 315 KG | Bearing type: Needle | Brushed steel finishing



LMX34 Crossmaxx® Olympic competition bar (black/chrome)

Length: 2200mm | Handle Ø28mm | Sleeve Ø50mm | Weight: 20 KG
Maximum load: 2000LB | Spring steel | Bearing type: Needle - 4 per sleeve | Black oxide and hard chrome finishing | PSI: 205000



LMX44 Crossmaxx® Olympic competition women's bar (black/chrome)

Length: 2000mm | Handle Ø25mm | Sleeve Ø50mm | Weight: 15 KG
Maximum load: 1200LB | Spring steel | Bearing type: Needle - 4 per sleeve | Black oxide and hard chrome finishing | PSI: 205000



LMX31.01 Olympic bar

Length: 2200mm | Handle Ø30mm | Sleeve Ø50mm | Weight: 20 KG
Maximum load: 315 KG | Bearing type: Bushing | Brushed steel finishing



LMX32 Olympic bar 150cm

Length: 1500mm | Handle Ø30mm | Sleeve Ø50mm | Weight: 12 KG
Maximum load: 315 KG | Bearing type: Needle | Brushed steel finishing



LMX36 Olympic curled V-bar 50mm 125cm

Length: 1200mm | Handle Ø30mm | Sleeve Ø50mm | Weight: 8 KG
Maximum load: 315 KG | Bearing type: Needle | Brushed steel finishing



Specialty bars



LMX32.03 Crossmaxx® Aluminum technique bar 3kg
Length: 1500mm | Handle Ø28mm | Weight: 3 KG | Aluminum



LMX37 Olympic hex bar
Length: 1400mm | Handle Ø30mm | Sleeve Ø50mm | Weight: 20,5 KG
Maximum load: 315 KG | Brushed steel finishing



LMX39 Crossmaxx® Farmer's walk set (black)
Handle Ø30mm | Sleeve Ø50mm | Weight: 20 KG, per piece
Maximum load per handle: 300 KG | Colour: black



LMX39.2 Crossmaxx® Olympic Swiss bar PRO
Length: 2200mm | Handle Ø30mm | Sleeve Ø50mm



LMX32.04 Crossmaxx® Olympic Junior bar 50mm, 10kg (black/chrome)
Length: 1700mm | Handle Ø25mm | Sleeve Ø50mm | Weight: 10 KG
Maximum load: 475 KG | Spring steel | Bearing type: Needle - 4 per sleeve | Black oxide and hard chrome finishing | PSI: 205000



LMX41 Olympic safety squat bar
Length: 2200mm | Handle Ø30mm | Sleeve Ø50mm | Maximum load: 450 KG



LMX39.1 Crossmaxx® Strongman Log bar
Weight: 45 KG | 4 handles | Colour: black



LMX40 Crossmaxx® Axle bar with collars
Length: 2200mm | Handle Ø50mm | Sleeve Ø50mm | Weight: 20 KG
Maximum load: 675 KG | Colour: black

Bars (Ø30mm)



LMX47 Bar 30mm 180cm
Length: 1800mm | Handle Ø30mm | Weight: 10 KG | Steel

LMX48 Bar 30mm 160cm
Length: 1600mm | Handle Ø30mm | Weight: 8 KG | Steel



ACCESSORIES

Cable attachments | Fitness accessories

Essentials & Accessories | Training accessories



Cable attachments



LMX01 Lat bar
Length: 950mm | PU grip



LMX03 EZ biceps/triceps bar
Length: 750mm | PU grip



LMX05 Triceps straight bar
Length: 500mm | PU grip



LMX07 Pro angled lat bar
Length: 930mm | Handle size: 140mm | PU grip



LMX09 Tricep rope
Length: 700mm



LMX02 Lat bar (large)
Length: 1200mm | PU grip



LMX04 Angled biceps/triceps bar
Length: 650mm | PU grip



LMX06 Pro lat bar
Length: 670mm | Handle size: 140mm | PU grip



LMX08 Tricep single rope
Length: 370mm



LMX10 Multi purpose handle
Distance between handles: 380mm | PU grip

Cable attachments



LMX12 Tricep V-bar rotating
Length: 440mm | PU grip



LMX13 Rowing handle
Distance between handles: 175mm | PU grip



LMX14 Cable handle
Grip size: 130mm | PU grip



LMX16 Rowing handle (large)
Distance between handles: 370mm | PU grip



LMX17 Tricep V-bar
Length: 350mm | PU grip



LMX25 Ankle strap
Adjustable



LMX15.PRO Strap handle PRO
Grip size: 130mm | Maximum load: 40 KG | Ergonomic handle



LMX15.PROV2 Strap handle PRO V2
Grip size: 130mm | Maximum load: 40 KG



LMX128 Black Series Cable handle
Grip size: 130mm



LMX25.01 Leather ankle strap
Adjustable | Material: Leather

Fitness accessories



LMX23 Forearm trainer
Compatible with 30mm discs | Excl. 30mm disc



LMX24.1 Neck support roll (rubber)
Length: 500mm | Ø80mm



LMX26 Rubber grip
Ø25mm | Closed end | Available lengths: 150mm, 200mm, 250mm, 450mm



LMX27/LMX28 Rubber grip
Per meter | Available inner diameters: Ø25mm, Ø30mm



LMX53 Fast lock collar
Ø50mm | Per set



LMX24 Neck support roll
Length: 450mm | Velcro closing



LMX24.2 Squat Sponge
Length: 440mm



LMX1133 Body pump neck support roll
Length: 200mm | Velcro closing



LMX50 Spring collar
Ø30mm | Per set

LMX51 Olympic spring collar
Ø50mm | Per set



Cable
LMX55 Per meter | 4 x 5,5mm | 7x19
LMX55.100 100 meter bundle | 4 x 5,5mm | 7x20
LMX55.250 250 meter bundle | 4 x 5,5mm | 7x21

Fitness accessories



LMX56 Cable fixer
With eye



Magnetic weight stack pin
LMX59.A Pin Ø8mm | Length pin: 82mm
LMX60.A Pin Ø10mm | Length pin: 110mm



LMX63 Pulley double bearing
Ø125mm



LMX66 Number sticker
Per sticker



LMX69 Dumbbellsaddle
Compatible with LMX1012 dumbbell rack



LMX57 Snaphook
Length 90mm



Magnetic weight stack pin with coil leash
LMX59 Pin Ø8mm | Length pin: 82mm
LMX60 Pin Ø10mm | Length pin: 110mm



LMX64 Pulley
Ø108mm



LMX67.20 Footroll
Dimensions: L: 200mm x W: 100mm | Inner Ø25mm

Power chain set

Per set | Including collars
LMX68.08 8 KG per chain
LMX68.12 12 KG per chain
LMX68.16 16 KG per chain



We’ve got balls

We have got balls! To train with of course.. and because we have so many different types we would like to explain which ball is perfect for your workout.



Gymball – LMX1100
A gymball is used in all kinds of workouts. For example you can use it for push-ups, planking exercises and rehabilitation exercises. When you train with a gymball your core muscles have to work harder in order to balance the ball. Exercises with a gymball improve your balance, coordination, flexibility and core stability. The gymball is available in three sizes: 55 cm (for length 152-175 cm), 65 cm (for length 176-190 cm) and 75 cm (for length 191-210 cm).



Peanutball – LMX1101
Using a peanutball you can do most of the stabilization and fitness exercises that you would normally do with a gymball. But the peanutball makes the exercise easier because the ball can only move in two directions. As a result the stabilizing element is not as intense as with a ball which can roll in all directions.



Slam ball – LMX1240
While most balls are not suitable to slam on the floor, the slam ball is! The slam ball has a weight core surrounded by a thick layer of durable rubber. Because of the rubber casing, the slam ball is suitable for intensive use and explosive exercises. In our assortment you can find slam balls of 35, 50 and 70kg with a diameter of 35cm. They are also suitable to use as Atlas stones without having to be afraid of damaging your floor.



Wall ball – LMX1243 / LMX1245
A wall ball is an training ball that is ideal to bring your functional training to the next level. Because the balls are available in varied weights, anyone can work out with them. The wall ball is ideal for fitness exercises, HIIT, to build strength and is even used during rehabilitation. These balls are capable of more exercises than the infamous wall balls, such as sit-ups, medicine ball squat cleans, running with the ball on the shoulder and deadlifts. The wall ball is not suitable to slam or throw hard against the wall.



Medicine ball – LMX1250
The medicine ball is designed to strengthen the muscles and especially the core. Using a medicine ball strength and cardio exercises become more challenging. Think of the Russian twist, the hip bridge, rolling push-up and roll-up. The medicine ball is provided with a fine structure which gives you a better grip than, for example, a wall ball. The medicine ball is not suitable for bounce or slam exercises.



Double handle medicine ball – LMX1250
Are you looking for a heavier ball with an even better grip than a medicine ball? Then the double handle medicine ball is the one for you! The two handles provide an optimal grip so this ball is suitable for explosive movements and movements where you use one or two hands.



Pilates ball – LMX1260
The pilates ball is mainly used as a support for a specific body part: knee, leg, foot, elbow et cetera. Because of the convenient size (20 or 25 cm) the pilates ball can be easily used between the knees, elbows, arms, legs, hands or feet.



Reaction ball – LMX1274
The reaction ball bounces all over the place when you throw it on the floor, so catching the ball is a real challenge. You train your entire core and you encourage the muscles that control your equilibrium and balance. In addition, the reaction ball is an ideal tool for the further development of hand-eye coordination and responsiveness. By practicing with the reaction ball you can improve the signal that goes from the brain through the central nervous system to the arms and legs.

Go to page 25-28 (Functional training & Groupfitness)
and page 82 (Crossmaxx) for more information about each ball



Essentials & Accessories



LMX1816.C Crossmaxx® Sweatband
L:150mm x W: 75mm | Colour: black



LMX1816.L Lifemaxx® Sweatband
L: 75mm x W: 75mm | Colour: black



LMX2205 Crossmaxx® THE TANK water bottle
2 Liter | Colour: green



LMX2206 Crossmaxx® Coasters
6 pcs per set



LMX2215 Lifemaxx® Banner
L: 300 x H: 160cm | Vinyl | Grommets every 50 cm



LMX2216 Crossmaxx® Banner
L: 300 x H: 160cm | Vinyl | Grommets every 50 cm



LMX2207 LMX. Wristband
Colour: black

Essentials & Accessories



LMX2208.BLACK LMX. Baseball cap (black)
One size fits most



LMX2209.BLACK Crossmaxx® Snapback (black)
One size fits most



LMX2208.GREY LMX. Baseball cap (grey)
One size fits most



LMX2209.GREY Crossmaxx® Snapback (grey)
One size fits most

Training accessories



LMX1806 Crossmaxx® Mobility band roll
Length: 7ft



LMX1815 Crossmaxx® Lifting straps
Per set



LMX1818 Crossmaxx® Wrist wrap
Per set



LMX1819 Crossmaxx® Wrist STRAP set
Per set

Training accessories



LMX1810 Crossmaxx® Weightlifting belt premium
Leather | Colour: black | Available sizes: S, M, L, XL



LMX1811 Crossmaxx® Powerlifting belt
Leather | Colour: black | Available sizes: S, M, L, XL, XXL



LMX1812 Crossmaxx® Nylon lifting belt
Nylon | Colour: black/grey | Available sizes: S, M, L, XL



LMX1820 Hanging ab strap
Per set | Colour: black



LMX1821 Harness for sled
Colour: black



LMX70 Crossmaxx® Dip belt
Colour: black



LMX71 Head harness
Colour: black



LMX1822 Crossmaxx® Cannonball grip
Per set | Colour: black



LMX1805 Gym chalk (magnesium)
8pcs per box

LMX1807 Liquid chalk
200ml

FUNCTIONAL TRAINING & GROUPTFITNESS



LMX1100.XX Gymball

Anti burst, tested up to 250 KG | Available in the following sizes: Ø55cm (purple or silver), Ø65cm (orange or silver), Ø75cm (green or silver)



LMX1102 Gymball base

Ø50cm | Colour red



LMX1110 Adjustable ankle/ weight set PRO (2x1,25 kg)

Velcro closing | adjustable weight



LMX1116 Mini band

Pack of 10pcs | Available in the following levels: level 1 (yellow), level 2 (green), level 3 (orange), level 4 (blue)



LMX1115 Flex band

Length: 12m | Available in the following levels: light (yellow), medium (purple), heavy (blue)



LMX1101 Peanutball

Anti burst, tested up to 250 KG | Colour: silver



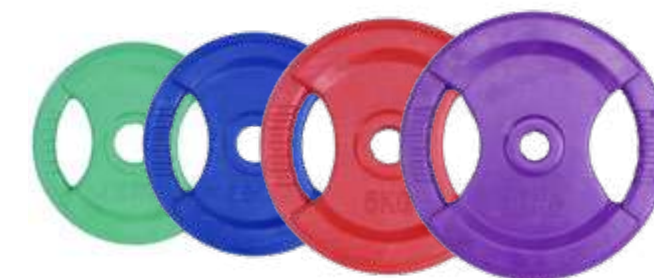
LMX1129 Body pump set dia. 30mm (coloured)

This set contains a body pump bar, weights (2x 1.25 KG, 2x 2.5 KG, 2x 5 KG) & collars



LMX1131 Body pump bar 30mm 1400mm with collar set

Ø30mm | Rubber grip | Weight: 2 KG | Length: 1400mm
With spring collar set



LMX1132 Body pump disc

Rubber | Available in the following weights: 1.25, 2.5, 5, 10 KG
Per piece | 1 year warranty



LMX1122 PRO step (3-level)

Anti-slip surface | three adjustable height levels: 150, 200 and 250mm
Dimensions: L: 900 mm x W: 350mm



LMX1133 Body pump neck support roll

Length: 200mm | Velcro closing



Aerobic mat

Durable honeycomb structure | Eco friendly material | With eyelets for easy storage

LMX1220

Dimensions: L: 1400mm x W: 600mm x H: 16mm | Colour: black or blue

LMX1221

Dimensions: L: 1800mm x W: 600mm x H: 16mm | Colour: black or blue



LMX1222 Pilates/yoga mat

Durable honeycomb structure | With eyelets for easy storage |
Dimensions: L: 1800mm x W: 600mm x H: 8mm | Colour: green



LMX1150 Vinyl dumbbellset

Per set | Available in the following weights: 0.5, 1, 1.5, 2, 3, 4, 5 KG



LMX1180 Crossmaxx® Resistance band

Latex | Available levels: level 1 (red, W: 13.4mm), level 2 (green, W: 28.6mm), level 3 (orange, W: 44.5mm), level: 4 (blue, W: 63.5mm), level: 5 (purple, W: 82.6mm) | Length: 1040mm | Thickness: 4.5mm



LMX1181 Crossmaxx® Mini resistance band set (8pcs)

Latex | Set of 8 pieces | Contains 2 pcs the following levels: level 1 (red, W: 12.7mm), level 2 (black, W: 22.2mm), level 3 (green, W: 28.5mm), level: 4 (orange, W: 44.4mm) | Length: 305mm | Thickness: 4.5mm



LMX1223 LMX. Studio mat

Dimensions: L: 1200mm x W: 60mm | Colour: grey



LMX1240 Slamball

Does not bounce when dropped | Sand filling
Available weight: 6, 8, 10, 12, 16, 20, 35, 50, 70 KG | Colour: black



LMX1243 Crossmaxx® RBBR wallball

High absorption level | Material: rubber | Ø35mm
Available weights: 3, 6, 9, 12, 15 KG



LMX1245 Crossmaxx® wall ball

High absorption level | Rubber filling | 2 KG ball Ø250mm
Other weights Ø350mm | Available weights: 2, 4, 6, 8, 9, 10, 12 KG



LMX1250 Medicine ball

Textured rubber surface | Available weights: 1, 2, 3, 4, 5 KG



LMX1250 Double handle medicine ball

Textured rubber surface | With ergonomic handles
Available weights: 6, 7, 8, 9, 10 KG



LMX1260 Pilates ball

Available sizes and colours: Ø20cm (blue), Ø25cm (yellow)



LMX1260.BAG Pilates ball net



LMX1271 Agility hurdle set

Set contains 4 hurdles | Twist hurdle to adjust height from 170mm to 300mm | Colour: green



LMX1272 SAQ resistance set

Set contains: 1 harness, 2 resistance tubes (260mm) and 2 handles
Available levels: level 1 (green), level 2 (blue), level 3 (grey)



Speed ladder

With bag

LMX1270 Length: 4,5m

LMX1270.XL Length: 9m



LMX1274 Reaction ball

Ø70mm | Colour: red



LMX1277.1 Rubber roll-out ladder

Dimensions: L: 4500mm x W: 400mm x H: 3mm | Material: rubber



LMX1170 Training tube

With exchangeable canvas protection | Length: 1220mm
Material: Latex | Available in 5 resistance levels: level 1 (yellow), level 2 (green), level 3 (orange), level 4 (blue), level 5 (purple)



LMX1282 Crossmaxx® 4 digit timer

Clock display 12 hour / 24 hour | Count up (0:00 to 99:59) can be customised | Count down (0:00 to 99:59) - can be customised
Custom programmable intervals | Loud beep | Remote controlled



LMX1283 Crossmaxx® 6 digit timer

Clock display 12 hour / 24 hour | Count up (0:00 to 99:59) - can be customised | Count down (0:00 to 99:59) - can be customised
Custom programmable intervals | Interval rounds shown | Loud beep
Remote controlled



LMX1284 Remote for Crossmaxx® timer

Suitable for LMX1282 Crossmaxx® 4 digit timer
& LMX1283 Crossmaxx® 6 digit timer



LMX1171 Power tube

With canvas protection | Length: 1250mm | Material: Latex | Available in 4 resistance levels: level 1 (yellow), level 2 (green), level 3 (orange), level 4 (blue)





LMX1275 Cones

25 cones per set | With rack for easy storage | Colour: orange



LMX1276 Marking cone

Height: 150mm | Per piece | Colour: orange



Battle rope

Length: 15m | Material: PP | Colour: black

LMX1285.1 Ø1" (2,5cm)

LMX1285.2 Ø1,5" (3,7cm)

LMX1285.3 Ø2" (5cm)



Battle rope with sleeve

Length: 12m | With canvas cover

LMX1287.1 Ø1,5" (3,7cm)

LMX1287.2 Ø2" (5cm)



LMX1288.1 Crossmaxx® Premium Battle rope 1,5"

Length 12m | Material: Nylon | Colour: black



LMX1289 Crossmaxx® Climbing rope

Length 6m | Material: Sisal



LMX1290 Leather jump rope

Length: 270cm | With bearing



LMX1290.W Weighted jump rope

PVC coated steel cable | Weighted handles (can be removed)
Adjustable length



LMX1291 Crossmaxx® Speed rope

With bearing | Adjustable length



LMX1291.CABLE Crossmaxx® Speed rope cable PRO
 Ø2.4mm | L: 300cm | Colour: red | Suitable for LMX1291 Crossmaxx® speedrope



Soft plyo box
 Soft anti-slip surface | Boxes can be stacked and secured with Velcro strips | Dimensions: L: 900mm x W: 700mm
LMX1297.30 Height: 300mm (orange)
LMX1297.45 Height: 450mm (grey)
LMX1297.60 Height: 600mm (black)



LMX1299 Crossmaxx® Wooden jerk block set
 Full set | Set contains: 4 blocks height 15cm, 2 blocks height 30cm, 2 blocks height 38cm | High quality plywood



Functional Speed rope
 With bearing | Adjustable length

LMX1292B Colour: black
LMX1292R Colour: red



LMX1296 Crossmaxx® Wooden plyo box (3-level)
 Made from thick 20mm plywood | Can be used on all sides
 Dimensions: L: 760mm x W: 610mm x H: 510mm



LMX1297.MULTIR Crossmaxx® 3-in-1 Soft plyo box
 Can be used on all sides | Dimensions: L: 760mm x W: 610mm x H: 510mm
 Colour: red



LMX1297.MULTIG Crossmaxx® 3-in-1 Soft plyo box
 Can be used on all sides | Dimensions: L: 760mm x W: 610mm x H: 510mm
 Colour: grey





LMX1401 Ab wheel



LMX1406 Ab wheel PRO



LMX1405 Equalizer set
Height: 700mm | Colour: black



LMX1404 Swing bar 160cm
Length: 1600mm | Colour: red



LMX1402 3-way push-up twister
Product has multiple functions: traditional push up, rotating push-up and twister | Per set



LMX1403 Push-up bar
Anti slip | Per set



LMX1450 Gravity boots
Can be hooked to bars up to Ø30mm | With comfortable padding
With safety lock



LMX1455 Crossmaxx® Macebell
Iron | Available in the following weights: 4, 6, 8, 10, 12, 16, 20 KG
Handle Ø between 30 and 40mm | Length between 104 - 108cm
Width between 9 - 18cm | Per piece



LMX1501 PT4Pro suspension trainer kit
This kit contains: 2 ergonomic handles, 1 anchor line, 2 adjustable base lines, 1 travel bag, 1 manual with clear instructions



LMX1501.R PT4Pro training ring set (black)
Add-on for the PT4Pro® suspension trainer



LMX1503 Wooden training ring set
Set contains: 2 wooden rings (1,25"), 2 high quality adjustable straps with marking



LMX1504 Strap set for training rings (2x16ft)
Set contains 2 adjustable straps with marking | Length: 4,88m



LMX1501.P PT4Pro rotation pulley (black)
Add-on for the PT4Pro® suspension trainer | Without handles



LMX1502 Training ring set
Set contains: 2 ABS rings, 2 high quality adjustable straps with marking



LMX1505 Crossmaxx® Competition ring straps (set)
Set contains 2 straps with marking | Length: 250cm per piece



Challenge bag
With strong nylon straps | 5 ergonomic grips

- | | |
|---------------------------------|---------------------------------|
| LMX1550.06 6 KG (orange) | LMX1550.12 12 KG (blue) |
| LMX1550.08 8 KG (yellow) | LMX1550.16 16 KG (green) |
| LMX1550.10 10 KG (red) | LMX1550.20 20 KG (black) |



Suples® Bulgarian Bag Synthetic Leather

SUPLES01 Size: XS | Weight: 5 KG | Colour: yellow

SUPLES02 Size: S | Weight: 8 KG | Colour: green

SUPLES03 Size: M | Weight: 12 KG | Colour: red

SUPLES04 Size: L | Weight: 17 KG | Colour: grey



LMX1605 Air stability disc

Ø330mm | Colour: yellow



LMX2106 Vicore® Terra Core

Dimensions: L: 1170mm x W: 440mm x H: 260mm | Weight: 13 KG
Colour: black



Balance dome PRO

Ø590mm

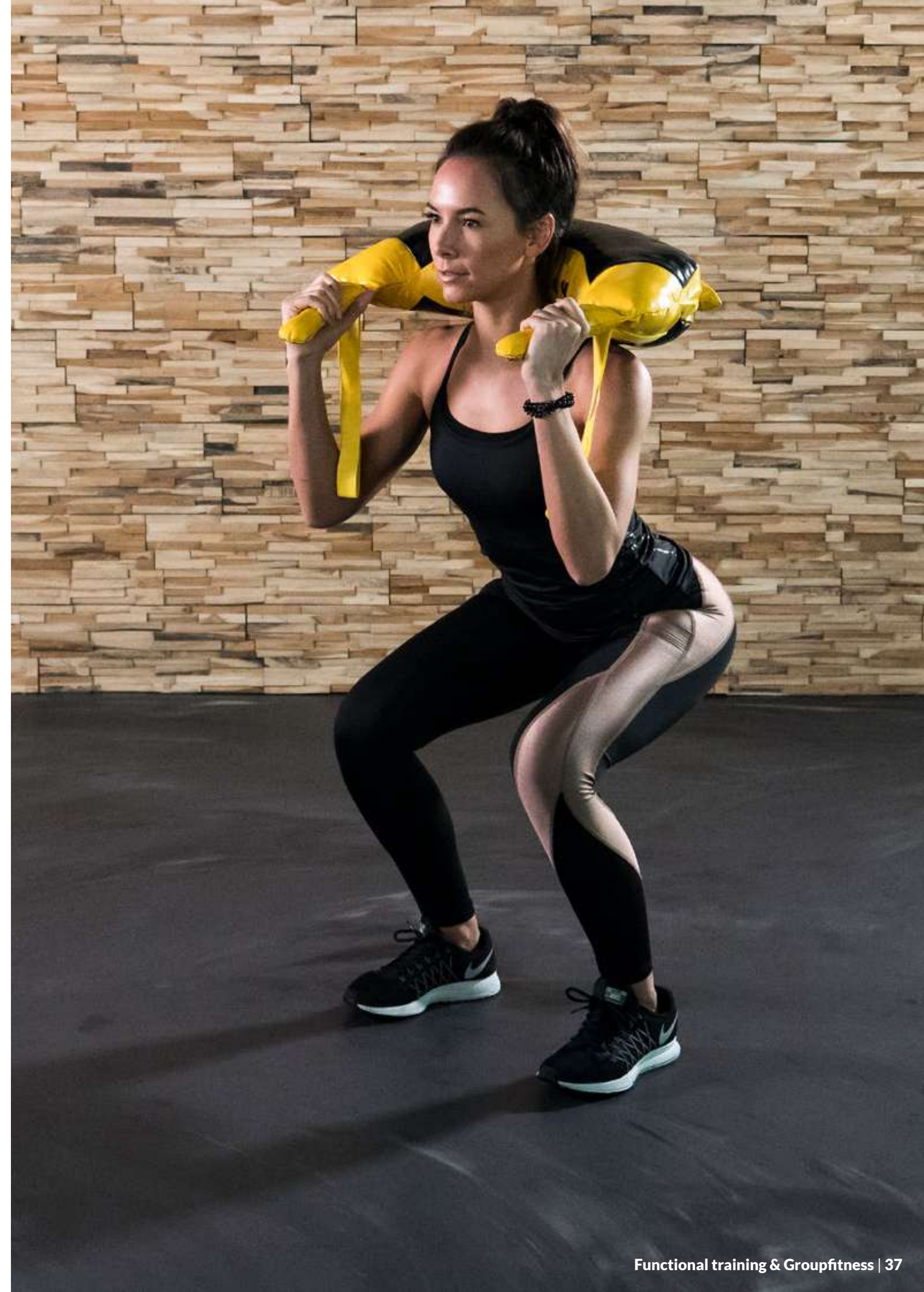
LMX1600.1 Height: 240mm (orange)

LMX1600.2 Height: 210mm (blue)



SUPLES05 Bulgarian Bag DVD

Instructional DVD





LMX1610 EVA foamroller
Eco friendly EVA foam material | Ø150mm | Length: 900mm | Colour: blue



LMX1612 Performance roller XL
Ø135mm | Length: 610mm | Colour: black



LMX1900 Weight vest PRO
One size fits all | Maximum weight: 10 KG | Weight can be adjusted



LMX1551 Crossmaxx® BigBoy Sandbag
Colour: Black | Available in size: XS (max 30KG), S (max 45KG), M (max 65KG), L (max 85KG), XL (max 115KG) | Will be delivered without filling



LMX1611 Performance roller
Ø135mm | Length: 330mm | Colour: blue



LMX1613 Grid roller PRO
Ø130mm | Length: 360mm | Colour: dark blue



LMX1906 Crossmaxx® Ab mat PRO
Durable material | Anti-slip bottom | Colour: black



LMX1614 Crossmaxx® Lacrosse ball
Colour: red | Diameter: Ø64,5mm



LMX0605 PRO abroller
Weight: 12 KG | Colour: silver



LMX1022 Total core trainer with handle
Suitable for all Ø50mm bars | With handle | Weight: 27 KG | Colour: black



LMX1029 Crossmaxx® Total core trainer handle
Suitable for all Ø50mm bars | Brushed steel finishing



LMX1023 Crossmaxx® Power sled
Harness included | Dimensions: L: 1100mm x W: 700mm x H: 1090mm
Sleeves suitable for all Ø50mm weight plates | Weight: 30 KG
Colour: black



LMX1028 Crossmaxx® Sled compact
Belt included | Sleeves suitable for all Ø50mm weight plates
Colour: black



LMX1019 Crossmaxx® Post landmine
To be used with Ø50mm weight plate | Suitable for all Ø50mm bars
Colour: black



LMX1701 Crossmaxx® Parallettes
Dimensions: L: 580mm x W: 350mm x H: 300mm | Handle Ø30mm
Per set | Colour: black



LMX1703 Crossmaxx® Parallettes V2
Dimensions: L: 450mm x W: 325mm x H: 165mm | Handle Ø30mm
Per set | Colour: black

RACKS & BENCHES

Free weight racks | Functional training & groupfitness racks | Benches



Free weight racks



LMX94 Lifemaxx® PU dumbbell tower

Dimensions: L: 720 x W: 480 x H: 1600mm | Suitable for 10 sets of dumbbells (LMX72 series) | Fillable with water or sand for even more stability | Without dumbbells | Colour: black



LMX82W Dumbbell tower (black)

Dimensions: L: 550 mm x W: 450mm x H: 1350mm | Suitable for LMX79 Fixed dumbbells and LMX80 Chrome dumbbells



Dumbbell rack with 2 tiers

With dumbbellsaddles | Easily expandable | Available colour: black
Suitable for LMX72 PU dumbbells, LMX79 Fixed dumbbells, LMX75 Dumbbells

LMX1012.5 - 5 pair Dimensions: L: 1200mm x W: 600mm x H: 800mm

LMX1012.6 - 6 pair Dimensions: L: 1450mm x W: 600mm x H: 800mm

LMX1012.10 - 10 pair Dimensions: L: 2400mm x W: 600mm x H: 800mm

LMX1012.12 - 12 pair Dimensions: L: 2900mm x W: 600mm x H: 800mm

LMX1012.15 - 15 pair Dimensions: L: 3600mm x W: 600mm x H: 800mm

LMX1012.18 - 18 pair Dimensions: L: 4350mm x W: 600mm x H: 800mm

LMX1012.20 - 20 pair Dimensions: L: 4800mm x W: 600mm x H: 800mm



LMX1013 Vertical dumbbell rack for fixed dumbbells

Dimensions: L: 800mm x W: 1030mm x H: 1480mm | Suitable for LMX79 Fixed dumbbells: 1 - 10 KG with 1 KG increment & 12 - 20 KG with 2 KG increment | Colour: silver

Free weight racks



LMX1031 Crossmaxx® Bumper plate rack
Colour: black



LMX1032 Crossmaxx® Bumper plate stacker on wheels
Height of pin: 700mm | Colour: black



LMX1025 Vertical bar rack
For 5 bars | Available for Ø30mm bars (LMX1025.30) and Ø50mm bars (LMX1025.50) | Dimensions: L: 500mm x W: 500mm x H: 250mm
Colour: silver



LMX1030 Weightplate rack
Dimensions: L: 1100mm x W: 750mm x H: 1400mm
Suitable for all LMX Ø50mm discs | Colour: silver or black



LMX1145 Crossmaxx® Kettlebell rack
Dimensions: L: 1200mm x W: 650mm x H: 760mm | Colour: black



LMX1146 Kettlebell rack
Dimensions: L: 1400mm x W: 550mm x H: 630mm | Colour: silver



LMX1027 Crossmaxx® Wall mounted bar rack
For 6 bars | With PVC lining to protect your bars | Colour: black



LMX1033 Crossmaxx® 9 bar holder
For 9 bars | Suitable for Ø50mm bars | Dimensions:
L: 500mm x W: 500mm x H: 300mm | Colour: black



LMX1041 Accessory tower
Ideal storage for all cable attachments | Dimensions:
L: 650mm x W: 650mm x H: 1000mm | Colour: black



LMX1053 Crossmaxx® Power Rack
Dimensions: L: 1900mm x W: 1900mm x H: 2450mm | With spotting arms, heavy duty J-Hooks, total core trainer, band pegs and double pull-up option | Bars, plates, power chains not included | Colour: black

LMX1056 Crossmaxx® Lifting platform for Power Rack
Dimensions: L: 3750mm x W: 3050mm x H: 40mm | High quality bamboo wood | Colour: black

Free weight racks



LMX1745 Crossmaxx® Squat stand
Dimensions: L: 680mm x W: 640mm x H: 1810mm
Bar and plates not included | Colour: black



LMX1301 Squat rack
With Olympic weight plate storage pins | Dimensions:
L: 1720mm x W: 1260mm x H: 1860mm | Colour: silver



LMX1744 Crossmaxx® Lifting platform 300x200cm
Size: 3000mm x 2000mm | Bamboo wooden platform
Rubber tiles 30mm



LMX1065 LMX.Squat rack
Dimensions: L: 1440mm x W: 1820mm x H: 1760mm | Bars and
plates not included | Colour: black



LMX1740 Crossmaxx® Squat rack
Dimensions: L: 1280mm x W: 1455mm x H: 1880mm
Adjustable spotting arms and J-hooks | Colour: black



LMX1058 Crossmaxx® Yoke PRO
Dimensions: L: 1260mm x W: 1260mm x H: 2720mm | Adjustable beam
and J-hooks | Can be used as pulling device, harness included | Can be
used as squat rack | Colour: black

Functional training & Groupfitness racks



LMX1100 Gymball holder



LMX1105 Gymball rack
For 9 gymballs | Height: 1950mm | Colour: black



LMX1104 Gymball wall holder
Colour: black



LMX1143 Body pump rack. For max. 30 sets
Provision for max. 30 body pump sets (Code: LMX1129) With multi-directional wheels | Dimensions: L: 1140mm x W: 1100mm x H: 1440mm
Colour: silver



LMX1144 Body pump rack. For max. 10 sets
Provision for max. 10 body pump sets (Code: LMX1129)
Dimensions: L: 750mm x W: 780mm x H: 1250mm | Colour: silver



LMX1225 Aerobic mat wall rack. For 10 mats
(steel frame)
Suitable for 10 LMX aerobic mats | Easy wall mounting
Colour: black



LMX1151 Vinyl dumbbell rack with multi dir. wheels
Suitable for LMX1150 vinyl dumbbells | With multi directional wheels
Dimensions: L: 900mm x W: 510mm x H: 900mm | Colour: black



Aerobic mat rack
LMX1226 Suitable for 30 aerobic mats of 140cm | Dimensions:
L: 730mm x W: 600mm x H: 1600mm | Colour: silver
LMX1227 Suitable for 30 aerobic mats of 180cm | Dimensions:
L: 730mm x W: 600mm x H: 2000mm | Colour: black

Functional training & Groupfitness racks



LMX1247 Storage cart

Dimensions: L: 1270mm x W: 620mm x H: 950mm
Colour: black



LMX1246 Wallball rack

Suitable for storage of 12 wallballs | Colour: black



LMX1253 Medicineball rack. For 10 medicineballs

For 10 medicineballs | Dimensions: L: 470 x W: 900mm x H: 1360mm
Colour: black



LMX1576 Challenge bag rack. For 12 challenge bags

Suitable for storage of 12 challenge bags | Dimensions:
L: 760mm x W: 790mm x H: 1450mm | Colour: black



LMX1248 Wallball rack. For 4 wallballs

Colour: black



LMX1286 Wall mount

Provides a solution for battle ropes and suspension trainers
Dimensions: L: 300mm x W: 100mm | Colour: black



LMX1251 Medicineball rack. For 5 medicineballs

For 5 medicineballs | Dimensions: L: 470 x W: 550mm x H: 1360mm
Colour: black



LMX1552 Sandbag rack

Suitable for 5-10 sandbags / challenge bags | Colour: black



LMX1704 Crossmaxx® Chalk stand

Dimensions: L: 500mm x W: 500mm x H: 915mm
Inner diameter of bowl: 275mm | Colour: black

Functional training & Groupfitness racks



LMX1700 Crossmaxx® Wall mounted pull-up rack
Dimensions: L: 1250mm x W: 800mm | Grip Ø30mm | Colour: black



LMX1702 Crossmaxx® Multi-grip pull-up rack
Dimensions: L: 1310mm x W: 600mm | Grip Ø30mm | Colour: silver or black

Benches



LMX1060 LMX. Multi purpose bench
Seat adjustable in 3 positions | Back adjustable in 9 positions
Dimensions: L: 1220mm x W: 540mm x H: 520mm | Weight: 40 KG
PU cushion | Colour: black



LMX1061 LMX. Flat bench
Dimensions: L: 1220mm x W: 540mm x H: 520mm | Weight: 25 KG
PU cushion | Colour: black



LMX1304 Sissy squat bench PRO
Dimensions: L: 1150mm x W: 780mm x H: 440mm | Weight: 25 KG
Colour: black



Benches



LMX1062 LMX. Olympic press bench
Dimensions: L: 1550mm x W: 1240mm x H: 1260mm | Weight: 65 KG
PU cushion | Colour: black



LMX1066 LMX. Barbell rack for 5 pcs
Dimensions: L: 800mm x W: 750mm x H: 1400mm | Weight: 40 KG
Colour: black



LMX1063 LMX. Olympic decline bench
Adjustable in 10 positions | Dimensions: L: 2000mm x W: 1240mm x H: 1250mm | Weight: 80 KG | PU cushion | Colour: black



LMX1067 LMX. Barbell rack for 10 pcs
Dimensions: L: 800mm x W: 1100mm x H: 1400mm | Weight: 50 KG
Colour: black



LMX1064 LMX. Olympic incline bench
Seat adjustable in 8 positions | Dimensions: L: 1850mm x W: 1240mm x H: 156mm | Weight: 85 KG | PU cushion | Colour: black



LMX1742 Crossmaxx® Glute Ham Developer PRO
Adjustable in 13 positions | Dimensions: L: 1500mm x W: 970mm x H: 105mm | Weight: 60 KG | With pins for resistance bands (LMX1180) | Colour: black



LMX1743 Crossmaxx® Flat bench
Colour: black



LMX1057 Crossmaxx® Hip Thrust bench
Dimensions: L: 1600mm x W: 1020mm x H: 480mm | With 4 band pegs
Weight: 45 KG | With wheels for easy movement | Colour: black



LMX1055 Adjustable bench
Adjustable in 7 positions | Dimensions: L: 1350mm x W: 700mm
Colour: black



LIFEMAXX® FUNCTIONAL RACK

Racks & Accessories

The Lifemaxx® Functional Rack is a multi-functional piece of equipment that can be deployed in many different ways, creating an inspiring fitness experience. This one single piece of equipment is suitable for athletes of all levels and can be used for individual training, PT sessions and small group workouts. The Lifemaxx® Functional Rack capitalizes on the latest trends and developments relating to functional training.

There is a Functional Rack for every space. The following models are available; Functional Rack Large, Functional Rack Small or Functional Wall Rack, a wall-mounted model. The Large and Small models can be customized with many different options and accessories.

Also available; FANATIC, a complete 12-month training program to implement functional small group workouts in your facility.



Racks & Accessories Functional Rack Large & Small



LMX1855 Functional Rack Large

Dimensions: 493 x 220 x 262 cm (LxWxH)

Colour options:

LMX1855.1 Dark grey frame/Dark grey top

LMX1855.2 Orange frame/Orange top

LMX1855.3 Dark grey frame/Orange top

LMX1855.4 Orange frame/Dark grey top

Anchors for battle rope
or resistance trainers



LMX1850 Functional Rack Small

Dimensions: 253 x 220 x 262 cm (LxWxH)

Colour options:

LMX1850.1 Dark grey frame/Dark grey top

LMX1850.2 Orange frame/Orange top

LMX1850.3 Dark grey frame/Orange top

LMX1850.4 Orange frame/Dark grey top

Hard chrome coating
on all pull-up positions

Storage options

Racks & Accessories Functional Rack Large & Small



LMX1860.O Wallball target board
Dimensions: 253 x 220 x 262 cm (LxWxH)
Colour: orange



Dip station
Dimensions: 253 x 220 x 262 cm (LxWxH)
Colour options:
LMX1861.O Dip Station, Orange
LMX1861.G Dip Station, Grey

Racks & Accessories Functional Rack Large & Small



Plyo platform
Dimensions: 253 x 220 x 262 cm (LxWxH)
Colour options:
LMX1862.O Plyo Platform, Orange
LMX1862.G Plyo Platform, Grey



Total core trainer
Dimensions: 253 x 220 x 262 cm (LxWxH)
Colour options:
LMX1863.O Total Core Trainer, Orange
LMX1863.G Total Core Trainer, Grey



Boxing bag arm
LMX1864.O Boxing Bag Arm, Orange
LMX1864.G Boxing Bag Arm, Grey



Pull Up on sliding rails
LMX1865.O Pull Up on sliding rails, Orange
LMX1865.G Pull Up on sliding rails, Grey

Racks & Accessories Functional Rack Large & Small



Squat rack attachment
LMX1866.O Squat rack attachment, Orange
LMX1866.G Squat rack attachment, Grey
This accessory makes the length of your Functional Rack 50cm longer.



Olympic bar storage
LMX1868.O Olympic bar storage, Orange
LMX1868.G Olympic bar storage, Grey



Monkey wing
LMX1867.O Monkey Wing, Orange
LMX1867.G Monkey Wing, Grey
This accessory makes the total height of your Functional Rack 330cm.



Adjustable pulley
LMX1869.G Adjustable Pulley, Grey
100 KG weight stack | Adjustable in 13 positions
Dual handle | This accessory makes the length or width of your Functional Rack 75cm longer/wider.

Functional Wall Rack



Functional Wall Rack

LMX1880.1 Functional wall rack, Orange frame/Orange top

LMX1880.2 Functional wall rack, Grey frame/Grey top

LMX1880.3 Functional wall rack, Grey frame/Orange top

LMX1880.4 Functional wall rack, Orange frame/Grey top

Width: 161cm | Height: 329cm | 2 Olympic bar holders

2 Total Core Trainers | Anchors for battle rope and resistance trainers

FANATIC

The FANATIC training program is a monthly changing, license free, 30 minute functional training program for your Lifemaxx® Functional Rack. It is developed to offer the participants a fun, challenging and effective training, under the guidance of a good instructor. The training program consist of 100% functional movements, movements that are made in everyday life. The FANATIC workouts ensure that the participants are always challenged at their own level and will make the training a place of joy and experience.



FLOORS



LMX1345 Crossmaxx® 20mm jigsaw tile
Dimensions: L: 500mm x W: 500mm x H: 20mm | Colour: black



LMX1346 Crossmaxx® 20mm jigsaw edge
Dimensions: L: 500mm x W: 250mm x H: 20mm | Colour: black



LMX1347 Crossmaxx® 20mm jigsaw corner
Dimensions: L: 250mm x W: 250mm x H: 20mm | Colour: black



LMX1361 Crossmaxx® Premium floor **BRANDED**
Dimensions: L: 1000 x W: 1000 x H: 20mm | EPDM top layer
Colour: black with Crossmaxx logo



LMX1360 Crossmaxx® Premium floor
Dimensions: L: 1000 x W: 1000 x H: 20mm | EPDM top layer
Colour: black with 15% white



LMX1340 Rubber tile 1m2
Dimensions: L: 1000 x W: 1000 x H: 20mm | Colour: black



LMX1350 Rubber floor mat
Made of high density rubber | Dimensions:
L: 500mm x W: 500mm x H: 10mm | Colour: black



LMX1351 Rubber floor edge
Made of high density rubber | Dimensions:
L: 500mm x W: 160mm x H: 10mm | Sloping | Colour: black



LMX1352 Rubber floor corner
Made of high density rubber | Dimensions:
L: 160mm x W: 160mm x H: 10mm | Sloping | Colour: black



LMX1362 Premium floor connector 2 studs
Interlocking device for LMX1360 floor
Quantity needed: circumference of the whole area

LMX1363 Premium floor connector 4 studs
Interlocking device for LMX1360 floor
Quantity needed: quantity of tiles*5-(circumference*1.5)

CROSSMAXX® Strength

Olympic bars | Jerk blocks | Platform | Bumper plates

Collars & chains | Dumbbells | Kettlebells | Core training

Sandbags



Olympic bars



LMX30 Olympic competition bar

Length: 2200mm | Handle Ø28mm | Sleeve Ø50mm
Weight: 20 KG | Maximum load: 675 KG | Spring steel
Bearing type: Needle | Brushed steel finishing | PSI: 205000



LMX38 Olympic competition women's bar

Length: 2010mm | Handle Ø25mm | Sleeve Ø50mm
Weight: 15 KG | Maximum load: 475 KG | Spring steel
Bearing type: Needle | Brushed steel finishing | PSI: 205000



LMX43 Crossmaxx® Olympic compact competition bar

Length: 1780mm | Handle Ø28,5mm | Sleeve Ø50mm | Weight: 16 KG
Maximum load: 2000LB | Spring steel | Bearing type: Needle - 4 per sleeve | Black oxide and hard chrome finishing | PSI: 205000



LMX39.2 Crossmaxx® Olympic Swiss bar PRO

Length: 2200mm | Handle Ø30mm | Sleeve Ø50mm



LMX37 Olympic hex bar

Length: 1400mm | Handle Ø30mm | Sleeve Ø50mm | Weight: 20,5 KG
Maximum load: 315 KG | Brushed steel finishing



LMX34 Crossmaxx® Olympic competition bar (black/chrome)

Length: 2200mm | Handle Ø28mm | Sleeve Ø50mm | Weight: 20 KG
Maximum load: 2000LB | Spring steel | Bearing type: Needle - 4 per sleeve | Black oxide and hard chrome finishing | PSI: 205000



LMX44 Crossmaxx® Olympic competition women's bar (black/chrome)

Length: 2010mm | Handle Ø25mm | Sleeve Ø50mm | Weight: 15 KG
Maximum load: 1200LB | Spring steel | Bearing type: Needle - 4 per sleeve | Black oxide and hard chrome finishing | PSI: 205000



LMX32.04 Crossmaxx® Olympic Junior bar 50mm, 10kg (black/chrome)

Length: 1700mm | Handle Ø25mm | Sleeve Ø50mm | Weight: 10 KG
Maximum load: 475kg | Spring steel | Bearing type: Needle - 4 per sleeve | Black oxide and hard chrome finishing | PSI: 205000



LMX32.03 Crossmaxx® Aluminum technique bar 3kg

Length: 1500mm | Handle Ø28mm | Weight: 3 KG | Aluminum



LMX39 Crossmaxx® Farmer's walk set

Handle Ø30mm | Sleeve Ø50mm | Weight: 20 KG, per piece
Maximum load per handle: 300 KG | Colour: black

Olympic bars

LMX41 Olympic safety squat bar

Length: 2200mm | Handle Ø30mm | Sleeve Ø50mm
Maximum load: 450 KG



LMX40 Crossmaxx® Axle bar with collars

Length: 2200mm | Handle Ø50mm | Sleeve Ø50mm | Weight: 20 KG
Maximum load: 675 KG | Colour: black



Jerk blocks



LMX1299 Crossmaxx® Wooden jerk block set

Full set | Set contains: 4 blocks height 15cm, 2 blocks height 30cm,
2 blocks height 38cm | High quality plywood



LMX39.1 Crossmaxx® Strongman Log bar

Weight: 45 KG | 4 handles | Colour: black

Platform



LMX1744 Crossmaxx® Lifting platform 300x200cm

Size: 3000mm x 2000mm | Bamboo wooden platform | Rubber tiles
30mm

How to clean your bar:

To perform in the best way possible you must take good care of yourself. But your equipment needs care too. We want you to enjoy your equipment as long as possible and have done our absolute best during the production process to ensure durability. Now it is your turn to treat your equipment with love and respect.

To help you out we have compiled guidelines that tell you how to treat and how to clean your bars so that you both will live happily ever after.

Care

1. Only drop your bar on a weightlifting platform, an equivalent platform or a floor that is covered with a rubber mat. Never drop your bar on a hard surface such as concrete or asphalt.
2. Never drop an empty bar (without plates) on the floor.
3. Never leave your bar after use loaded with weights on a rack or similar device. This could eventually cause the bar to bend.
4. Store your bar horizontally. When you leave your bar in a vertical position after use this can cause the oil in the sleeves to pile-up on one side. Use the LMX1027 Crossmaxx® wall mounted bar rack to carefully store your bars.

Maintenance

1. Brush down your bar with a nylon brush after use to get rid of chalk on the bar. This is important because the chalk attracts moisture which can cause your bar to rust a little. If a soft nylon brush is not sufficient you can use a harder brush. We prefer you don't use a wire brush as this can cause damage to the bar's coating.
2. Work some WD-40 or 3-in-1 oil over the bar and leave it for a few minutes. Wipe off excess oil with a dry cloth.
3. If your bar doesn't spin as smoothly as it did before, spray a little WD-40 in the sleeve and spin the bar a couple of times.

Bumper plates



LMX85C Crossmaxx® Competition bumper plate (coloured)
Ø50mm | Rubber | Available in the following weights: 10, 15, 20, 25 KG
Stainless steel inserts | Per piece | 1 year warranty



LMX85 Crossmaxx® Competition bumper plate (black)
Ø50mm | Rubber | Available in the following weights: 5, 10, 15, 20, 25 KG
Stainless steel inserts | Per piece | 1 year warranty



LMX87 Crossmaxx® Bumper plate
Ø50mm | Rubber | Available in the following weights: 5, 10, 15, 20, 25 KG | Stainless steel inserts | Per piece | 1 year warranty



LMX87.025 Crossmaxx® Technique plate
Ø50mm | PVC | Available in 2,5 KG | Per piece | Plate Ø 450mm
1 year warranty



LMX95 Crossmaxx® ELITE fractional plate
Poly urethane | Available in the following weights: 0.5, 1, 1.5, 2, 2.5, 5kg |Per piece | 1 year warranty

Collars & Chains



LMX51 Olympic spring collar
Ø50mm | Per set



LMX53 Fast lock collar
Ø50mm | Per set



Power chain set
Per set | Including collars
LMX68.08 8 KG per chain
LMX68.12 12 KG per chain
LMX68.16 16 KG per chain





Dumbbells



LMX81 Hexagon dumbbells

Rubber | Per set | 2,5 to 40 KG, 2,5 KG increment | 1 year warranty

Kettlebells



LMX88 Crossmaxx® Competition kettlebell

Steel (4KG Aluminium) | Available in the following weights: 4, 8, 12, 16, 20, 24, 28, 32, 36, 40, 44 KG | Handle Ø33mm | Per piece



LMX93 Crossmaxx® Powdercoated kettlebell

Iron | Available in the following weights: 4, 8, 12, 16, 20, 24, 28, 32, 36, 40 KG | Per piece

Sandbags



LMX1551 Crossmaxx® BigBoy Sandbag

Colour: Black | Available in size: XS (max 30KG), S (max 45KG), M (max 65KG), L (max 85KG), XL (max 115KG) | Will be delivered without filling

Core training



LMX1019 Crossmaxx® Post landmine

To be used with Ø50mm weight plate | Suitable for all Ø50mm bars
Colour: black



LMX1022 Total core trainer with handle

Suitable for all Ø50mm bars | With handle | Weight: 27 KG
Colour: black



LMX1029 Crossmaxx® Total core trainer handle

Suitable for all Ø50mm bars | Brushed steel finishing



LMX1455 Crossmaxx® Macebell

Iron | Available in the following weights: 4, 6, 8, 10, 12, 16, 20 KG
Handle Ø between 30 and 40mm | Length between 104 - 108cm
Width between 9 - 18cm | Per piece

CROSSMAXX®

Air Bike Pro



LMX1750 Crossmaxx® Air Bike PRO

Large LCD console with 8 workouts | Quick seat adjustment
Dual steel fan | Anti-slip pedals | Wheels for easy moving
Dimensions: L: 1230 x W: 750 x H: 1350mm | Weight: 71,5 KG
Max user weight: 130 KG



CROSSMAXX®

Gymnastic & Conditioning



Soft plyo box

Soft anti-slip surface | Boxes can be stacked and secured with Velcro strips | Dimensions: L: 900mm x W: 700mm

LMX1297.30 Height: 300mm (orange)

LMX1297.45 Height: 450mm (grey)

LMX1297.60 Height: 600mm (black)



LMX1291 Crossmaxx® Speed rope

With bearing | Adjustable length



LMX1291.CABLE Crossmaxx® Speed rope cable PRO

Ø2.4mm | L: 300cm | Colour: red

Gymnastic & Conditioning



LMX1297.MULTIR Crossmaxx® 3-in-1 Soft plyo box

Can be used on all sides | Dimensions: L: 760mm x W: 610mm x H: 510mm | Colour: red



LMX1297.MULTIG Crossmaxx® 3-in-1 Soft plyo box

Can be used on all sides | Dimensions: L: 760mm x W: 610mm x H: 510mm | Colour: grey



LMX1296 Crossmaxx® Wooden plyo box (3-level)

Made from thick 20mm plywood | Can be used on all sides
Dimensions: L: 760mm x W: 610mm x H: 510mm

Gymnastic & Conditioning



LMX1502 Training ring set
Set contains: 2 ABS rings, 2 high quality adjustable straps with marking



LMX1504 Strap set for training rings (2x16ft)
Set contains 2 adjustable straps with marking | Length: 4,88m



LMX1505 Crossmaxx® Competition ring straps (set)
Set contains 2 straps with marking | Length: 250cm per piece



LMX1906 Crossmaxx® Ab mat PRO
Durable material | Anti-slip bottom | Colour: black



LMX1503 Wooden training ring set
Set contains: 2 wooden rings (1,25"), 2 high quality adjustable straps with marking



LMX1288.1 Crossmaxx® Premium Battle rope 1,5"
Length 12m | Material: Nylon | Colour: black



Battle rope
Length: 15m | Material: PP | Colour: black

- LMX1285.1** Ø1" (2,5cm)
- LMX1285.2** Ø1,5" (3,7cm)
- LMX1285.3** Ø2" (5cm)



LMX1742 Crossmaxx® Glute Ham Developer PRO
Adjustable in 13 positions | Dimensions: L: 1500mm x W: 970mm x H: 105mm | Weight: 60 KG | With pins for resistance bands (LMX1180) | Colour: black



LMX1289 Crossmaxx® Climbing rope
Length 6m | Material: Sisal



Battle rope with sleeve
Length: 12m | With canvas cover

- LMX1287.1** Ø1,5" (3,7cm)
- LMX1287.2** Ø2" (5cm)



LMX1406 Ab wheel PRO



LMX1822 Crossmaxx® Cannonball grip
Per set | Colour: black



LMX1701 Crossmaxx® Parallettes
Dimensions: L: 580mm x W: 350mm x H: 300mm | Handle Ø30mm
Per set | Colour: black



LMX1703 Crossmaxx® Parallettes V2
Dimensions: L: 450mm x W: 325mm x H: 165mm | Handle Ø30mm
Per set | Colour: black

Gymnastic & Conditioning



LMX1240 *Slamball*
Does not bounce when dropped | Sand filling
Available weight: 6, 8, 10, 12, 16, 20, 35, 50, 70 KG | Colour: black



LMX1243 *Crossmaxx® RBBR wallball*
High absorption level | Material: rubber | Ø35mm
Available weights: 3, 6, 9, 12, 15 KG



LMX1245 *Crossmaxx® wall ball*
High absorption level | Rubber filling | 2 KG ball Ø250mm
Other weights Ø350mm | Available weights: 2, 4, 6, 8, 9, 10, 12 KG



LMX1023 *Crossmaxx® Power sled*
Harness included | Dimensions: L: 1100mm x W: 700mm x H: 1090mm
Sleeves suitable for all Ø50mm weight plates | Weight: 30 KG
Colour: black



LMX1028 *Crossmaxx® Sled compact*
Belt included | Sleeves suitable for all Ø50mm weight plates
Colour: black



LMX1900 *Weight vest PRO*
One size fits all | Maximum weight: 10 KG | Weight can be adjusted



CROSSMAXX®

Mobility & Training accessories

Essentials & Accessories



Mobility & Training accessories



LMX1180 Crossmaxx® Resistance band

Latex | Available levels: level 1 (red, W: 13.4mm), level 2 (green, W: 28.6mm), level 3 (orange, W: 44.5mm), level 4 (blue, W: 63.5mm), level 5 (purple, W: 82.6mm) | Length 1040mm | Thickness: 4,5mm



LMX1181 Crossmaxx® Mini resistance band set (8pcs)

Latex | Set of 8 pieces | Contains 2 pcs the following levels: level 1 (red, W: 12.7mm), level 2 (black, W: 22.2mm), level 3 (green, W: 28.5mm), level 4 (orange, W: 44.4mm) | Length 305mm | Thickness: 4.5mm



LMX1614 Crossmaxx® Lacrosse ball

Colour: red | Diameter: Ø64,5mm



LMX1806 Crossmaxx® Mobility band roll

Length: 7ft



LMX1610 EVA foamroller

Eco friendly EVA foam material | Ø150mm | Length: 900mm
Colour: blue



LMX1611 Performance roller

Ø135mm | Length: 330mm | Colour: blue



LMX1612 Performance roller XL

Ø135mm | Length: 610mm | Colour: black



LMX1613 Grid roller PRO

Ø130mm | Length: 360mm | Colour: dark blue

Mobility & Training accessories



LMX1810 Crossmaxx® Weightlifting belt premium
Leather | Colour: black | Available sizes: S, M, L, XL



LMX1811 Crossmaxx® Powerlifting belt
Leather | Colour: black | Available sizes: S, M, L, XL, XXL



LMX1815 Crossmaxx® Lifting straps
Per set



LMX1818 Crossmaxx® Wrist wrap
Per set



LMX1819 Crossmaxx® Wrist STRAP set
Per set



LMX1812 Crossmaxx® Nylon lifting belt
Nylon | Colour: black/grey | Available sizes: S, M, L, XL



LMX1282 Crossmaxx® 4 digit timer
Clock display 12 hour / 24 hour | Count up (0:00 to 99:59) can be customised | Count down (0:00 to 99:59) - can be customised
Custom programmable intervals | Loud beep | Remote controlled



LMX1283 Crossmaxx® 6 digit timer
Clock display 12 hour / 24 hour | Count up (0:00 to 99:59) - can be customised | Count down (0:00 to 99:59) - can be customised
Custom programmable intervals | Interval rounds shown | Loud beep
Remote controlled



LMX1284 Remote for Crossmaxx® timer
Suitable for LMX1282 Crossmaxx® 4 digit timer
LMX1283 Crossmaxx® 6 digit timer

Mobility & Training accessories



LMX70 Crossmaxx® Dip belt
Colour: black



LMX1821 Harness for sled
Colour: black



LMX71 Head harness
Colour: black



LMX1805 Gym chalk (magnesium)
8pcs per box

LMX1807 Liquid chalk
200ml

Essentials & Accessories



LMX2205 Crossmaxx® THE TANK water bottle
2 Liter | Colour: green



LMX2216 Crossmaxx® Banner
L: 300 x H: 160cm | Vinyl | Grommets every 50 cm



LMX2206 Crossmaxx® Coasters
6 pcs per set



LMX1816.C Crossmaxx® Sweatband
Colour: black | L:150mm x W: 75mm

CROSSMAXX®

Racks & Benches



Racks & benches



LMX1030 Weightplate rack

Dimensions: L: 1100mm x W: 750mm x H: 1400mm
Suitable for all LMX Ø50mm discs | Colour: silver or black
Without plates



LMX1145 Crossmaxx® Kettlebell rack

Dimensions: L: 1200mm x W: 650mm x H: 760mm | Colour: black



LMX1033 Crossmaxx® 9 bar holder

For 9 bars | Suitable for Ø50mm bars Dimensions:
L: 500mm x W: 500mm x H: 300mm | Colour: black



LMX1031 Crossmaxx® Bumper plate rack

Colour: black



LMX1032 Crossmaxx® Bumper plate stacker on wheels

Height of pin: 700mm | Colour: black



LMX1027 Crossmaxx® Wall mounted bar rack

For 6 bars | With PVC lining to protect your bars | Colour: black

Racks & benches



LMX1740 Crossmaxx® Squat rack
Dimensions: L: 1280mm x W: 1455mm x H: 1880mm
Adjustable spotting arms and J-hooks | Colour: black



LMX1248 Wallball rack. For 4 wallballs
Colour: black



LMX1700 Crossmaxx® Wall mounted pull-up rack
Dimensions: L: 1250mm x W: 800mm | Grip Ø30mm | Colour: black



LMX1246 Wallball rack
Suitable for storage of 12 wallballs | Colour: black



LMX1702 Crossmaxx® Multi-grip pull-up rack
Dimensions: L: 1310mm x W: 600mm | Grip Ø30mm | Colour: black or silver



LMX1743 Crossmaxx® Flat bench
Colour: black



LMX1704 Crossmaxx® Chalk stand
Dimensions: L: 500mm x W: 500mm x H: 915mm
Inner diameter of bowl: 275mm | Colour: black



LMX1055 Adjustable bench
Adjustable in 7 positions | Dimensions: L: 1350mm x W: 700mm
Colour: black



Racks & benches



LMX1745 Crossmaxx® Squat stand
Dimensions: L: 680mm x W: 640mm x H: 1810mm
Bar and plates not included | Colour: black



LMX1053 Crossmaxx® Power Rack
Dimensions: L: 1900mm x W: 1900mm x H: 2450mm | With spotting arms, heavy duty J-Hooks, total core trainer, band pegs and double pull-up option | Bars, plates, power chains not included | Colour: black

LMX1056 Crossmaxx® Lifting platform for Power Rack
Dimensions: L: 3750mm x W: 3050mm x H: 40mm | High quality bamboo wood | Colour: black



LMX1058 Crossmaxx® Yoke PRO
Dimensions: L: 1260mm x W: 1260mm x H: 2720mm
Adjustable beam and J-hooks | Can be used as pulling device, harness included | Can be used as squat rack | Colour: black



LMX1057 Crossmaxx® Hip Thrust bench
Dimensions: L: 1600mm x W: 1020mm x H: 480mm | With 4 band pegs
Weight: 45 KG | With wheels for easy movement | Colour: black

Floors



LMX1345 Crossmaxx® 20mm jigsaw tile
Dimensions: L: 500mm x W: 500mm x H: 20mm | Colour: black



LMX1346 Crossmaxx® 20mm jigsaw edge
Dimensions: L: 500mm x W: 250mm x H: 20mm | Colour: black



LMX1347 Crossmaxx® 20mm jigsaw corner
Dimensions: L: 250mm x W: 250mm x H: 20mm | Colour: black



LMX1340 Rubber tile 1m2
Dimensions: L: 1000 x W: 1000 x H: 20mm | Colour: black



LMX1361 Crossmaxx® Premium floor BRANDED
Dimensions: L: 1000 x W: 1000 x H: 20mm | EPDM top layer
Colour: black with Crossmaxx logo



LMX1360 Crossmaxx® Premium floor
Dimensions: L: 1000 x W: 1000 x H: 20mm | EPDM top layer
Colour: black with 15% white



LMX1362 Premium floor connector 2 studs
Interlocking device for LMX1360 floor
Quantity needed: circumference of the whole area

LMX1363 Premium floor connector 4 studs
Interlocking device for LMX1360 floor
Quantity needed: quantity of tiles*5-(circumference*1.5)

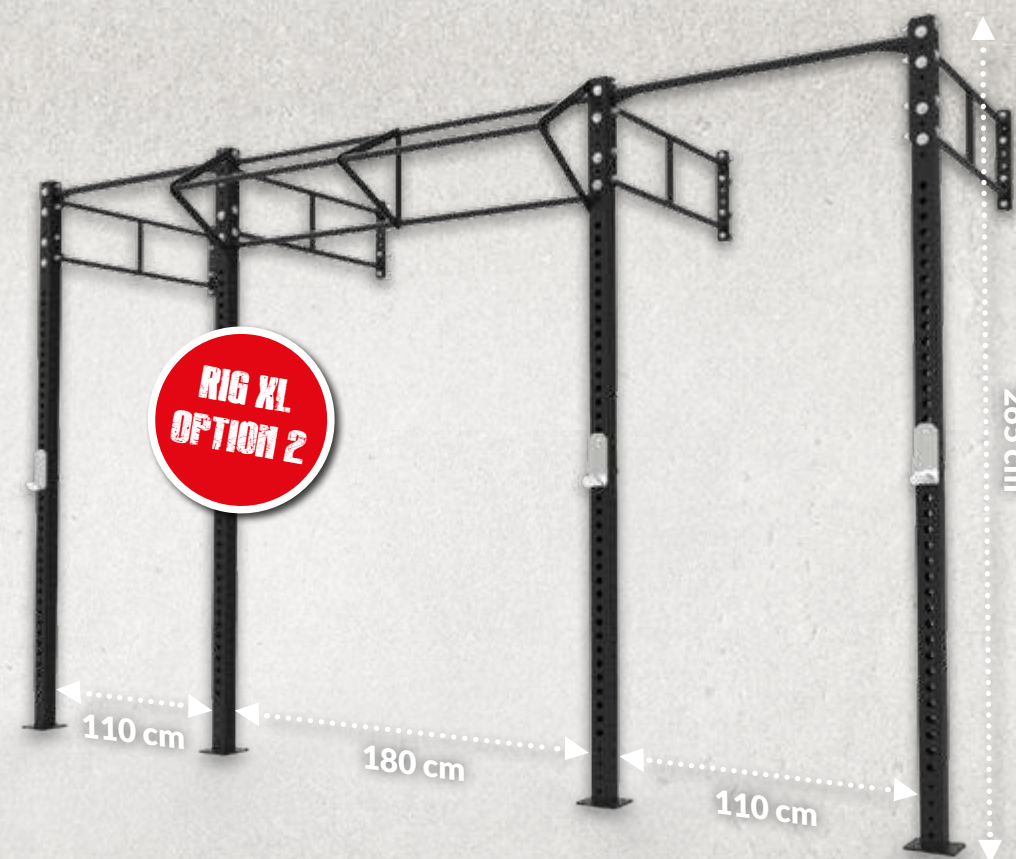
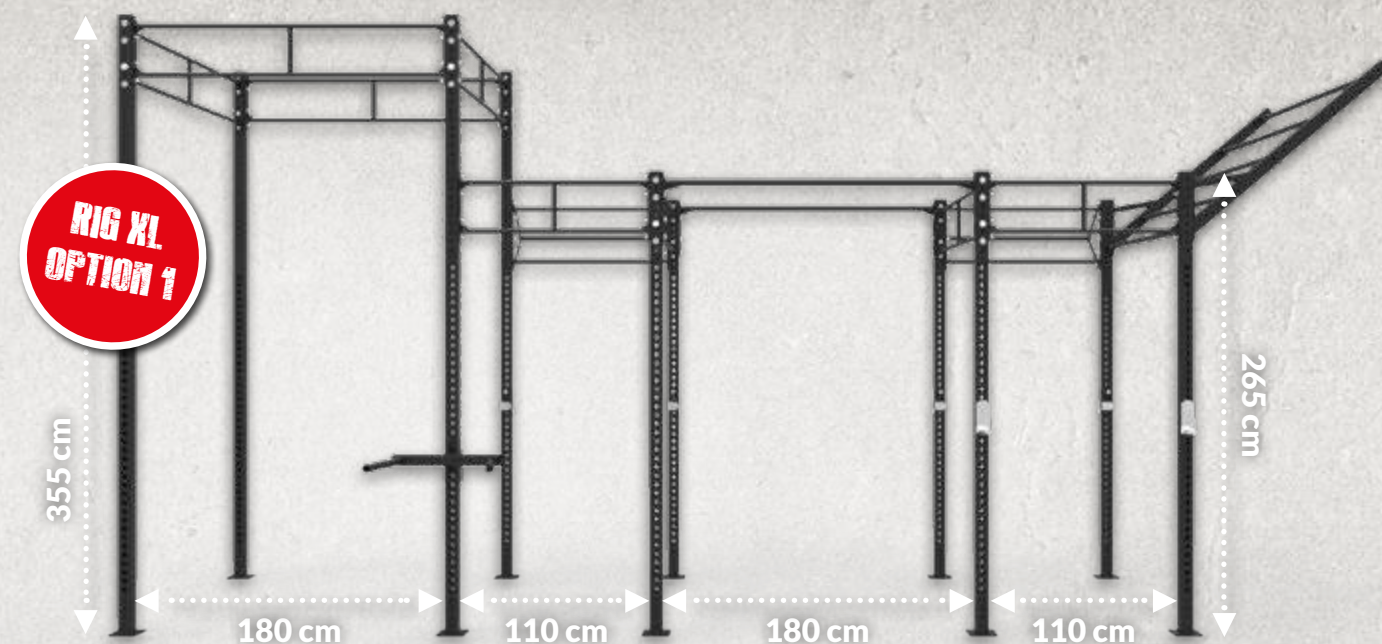
CROSSMAXX® Rigs & Accessories

The Crossmaxx® Rigs are designed to fit any club or training facility. The “Build-Your-Own-Rig” enables you to select the desired components and design the rig that is best fit for you and your facility.

We offer two types of Crossmaxx® rigs; the regular model and the XL model. The difference between these types is the tube size of the upright stands. The regular model offers a strong 60x60mm tube with a 3mm wall thickness, the Crossmaxx®XL model offers a 75x75mm tube with a 3mm wall thickness. Both Crossmaxx® series are a strong and durable choice for all athletic facilities.

Crossmaxx® Rig XL Base models

Hereby a selection of Crossmaxx® XL Rigs, but anything is possible! Our “Build-Your-Own-Rig” principle provides the freedom to design a Crossmaxx® XL Rig that is suitable for you!



BUILD YOUR OWN RIG

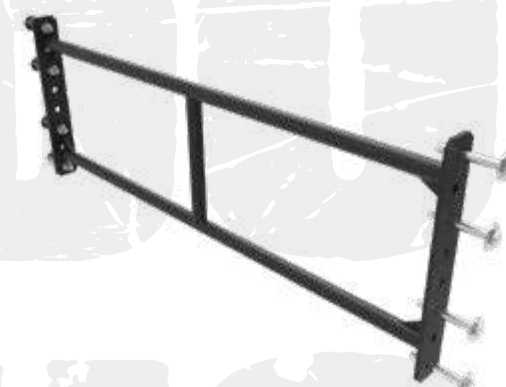


LMX1730
Crossmaxx® XL upright stand
7,5 x 7,5 x 265cm

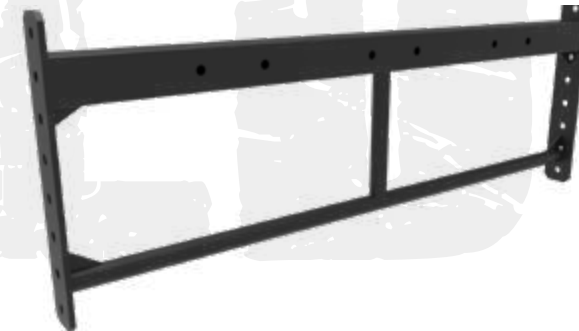


LMX1731
Crossmaxx® XL upright stand
extender 7,5 x 7,5 x 90cm
LMX1732
Crossmaxx® XL upright stand
extender 7,5 x 7,5 x 125cm

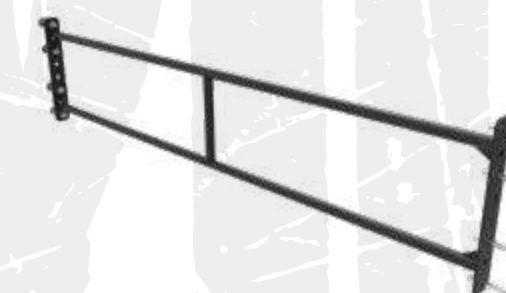
LMX1712
Crossmaxx® 110cm Standard Beam Ø 30mm



LMX1714
Crossmaxx® 110cm Monkey Beam Ø 30mm



LMX1713
Crossmaxx® 180cm Standard Beam Ø 30mm



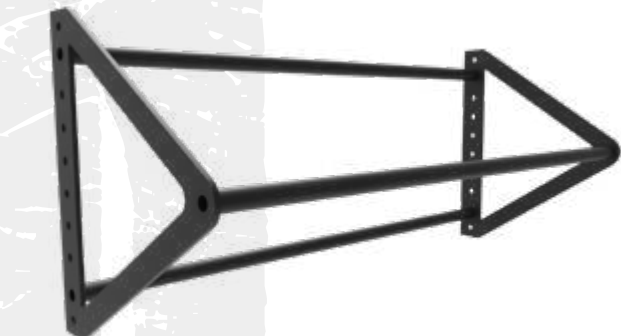
LMX1715
Crossmaxx® 180cm Monkey Beam Ø 30mm



LMX1717
Crossmaxx® 180cm Bar
(to be used with LMX1714 or LMX1715) Ø 30mm



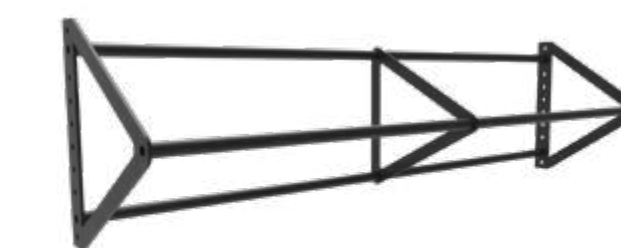
LMX1726
Crossmaxx® 110cm Triangle Beam Ø 30mm



LMX1738
Crossmaxx® 110cm Single Beam Ø 30mm



LMX1727
Crossmaxx® 180cm Triangle Beam Ø 30mm

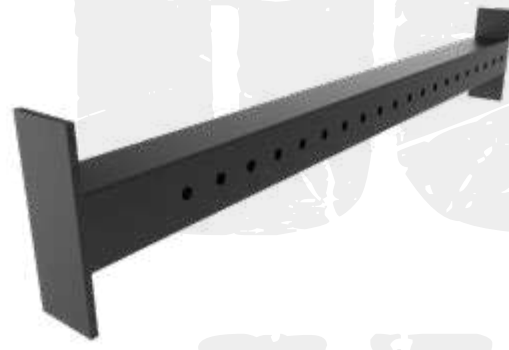


LMX1718
Crossmaxx® 180cm Single Beam Ø 30mm



BUILD
YOUR
OWN
RIG

LMX1760
Crossmaxx® XL 110cm Crossbar
Dimensions: L: 1100 x W: 75 x H: 350mm



LMX1764
Crossmaxx® 110cm Bar (used with LMX1714 or LMX1715)



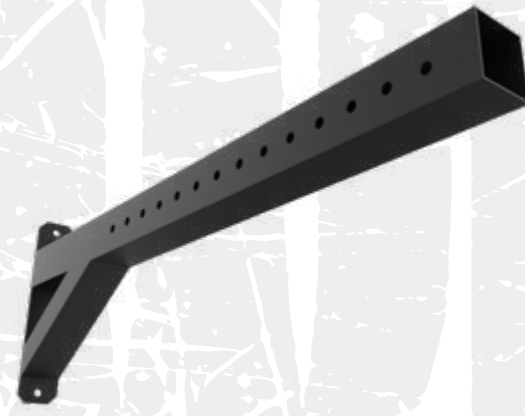
LMX1763
Crossmaxx® XL Bracket for Trawler & Crossbar



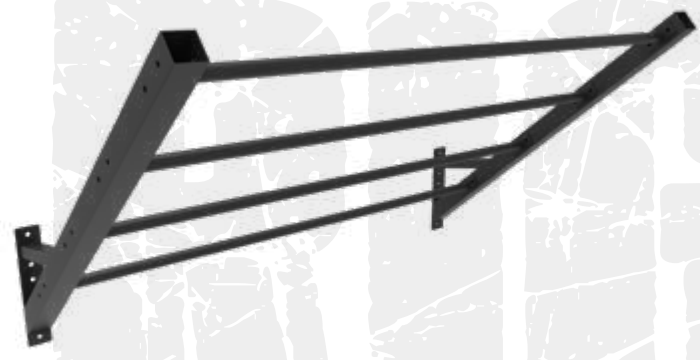
LMX1761
Crossmaxx® XL 180cm Crossbar
Dimensions: L: 1800 x W: 75 x H: 350mm



LMX1762
Crossmaxx® XL Trawler
Dimensions: L: 1050 x W: 75 x H: 350mm



LMX1728
Crossmaxx® 180cm Monkey Wing



LMX1722
Crossmaxx® Total Core Trainer for Rig



LMX1737
Crossmaxx® XL Dip station for Rig



LMX1719
Crossmaxx® Wall Ball Board



LMX1732
Crossmaxx® XL Wall mount bracket



LMX1718
Crossmaxx® Boxing Bag Arm



LMX1733
Crossmaxx® XL Spotting Arm set



LMX1734
Crossmaxx® XL J-Hook set



LMX1735
Crossmaxx® XL Plate Holder for Rig



LMX1736
Crossmaxx® XL Battle rope mount for Rig



LMX1739
Crossmaxx® XL J-Hook set PRO

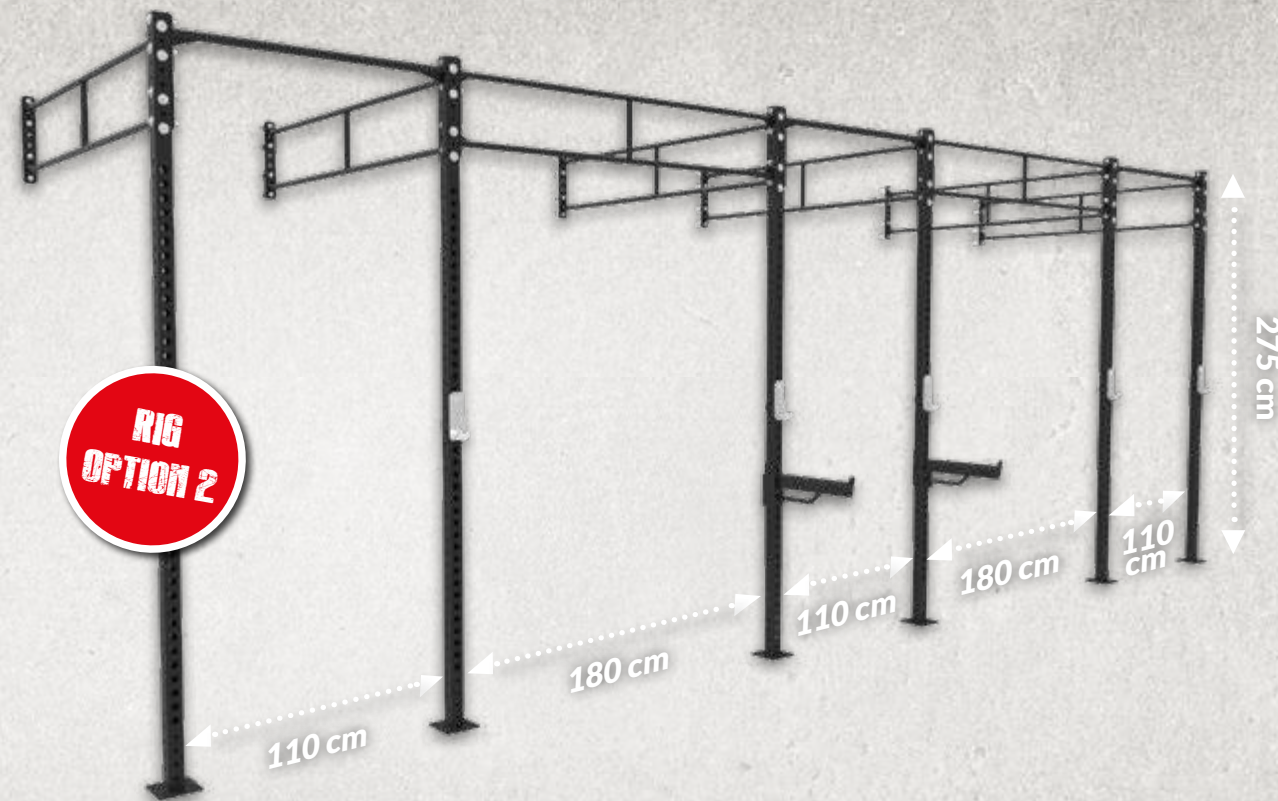
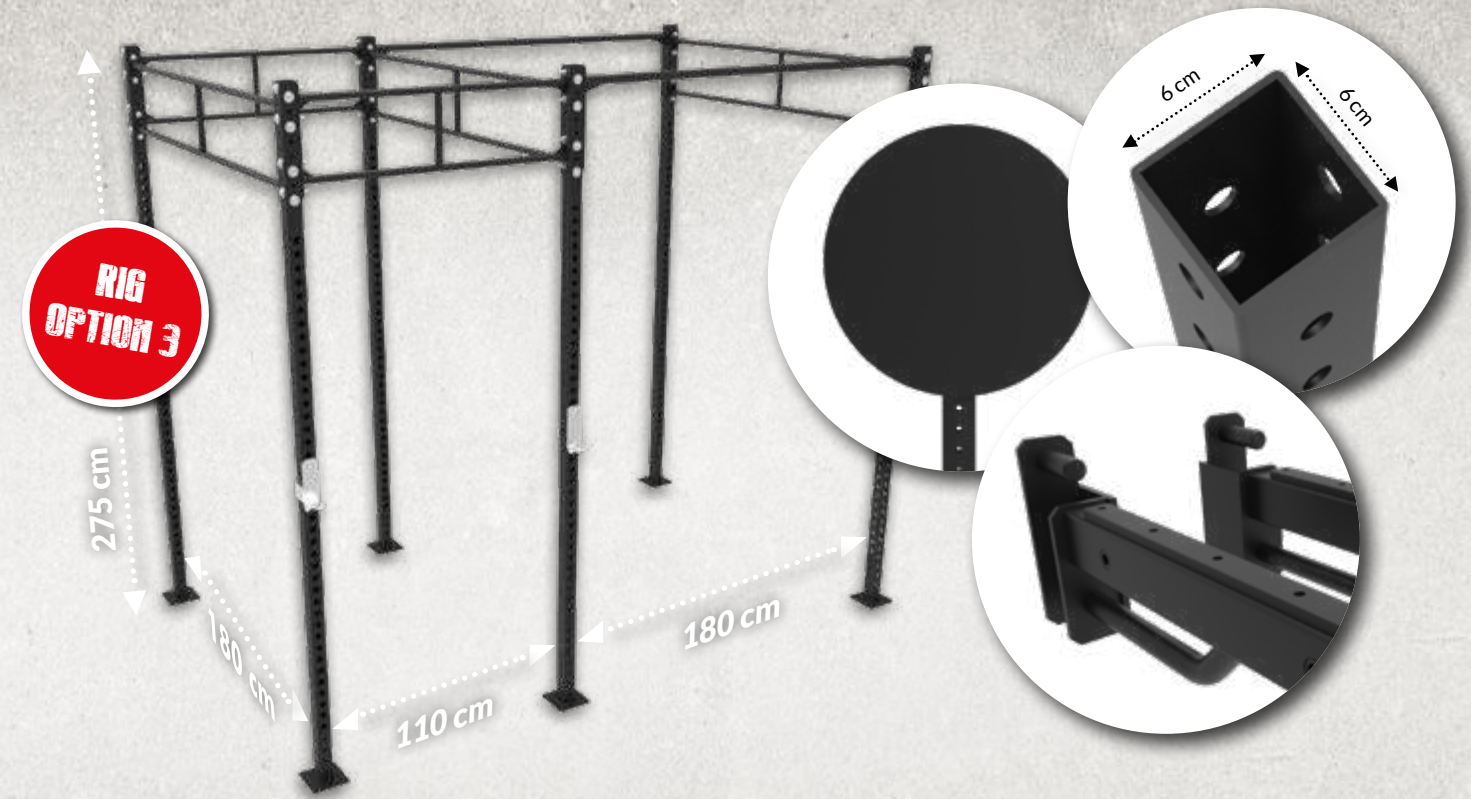
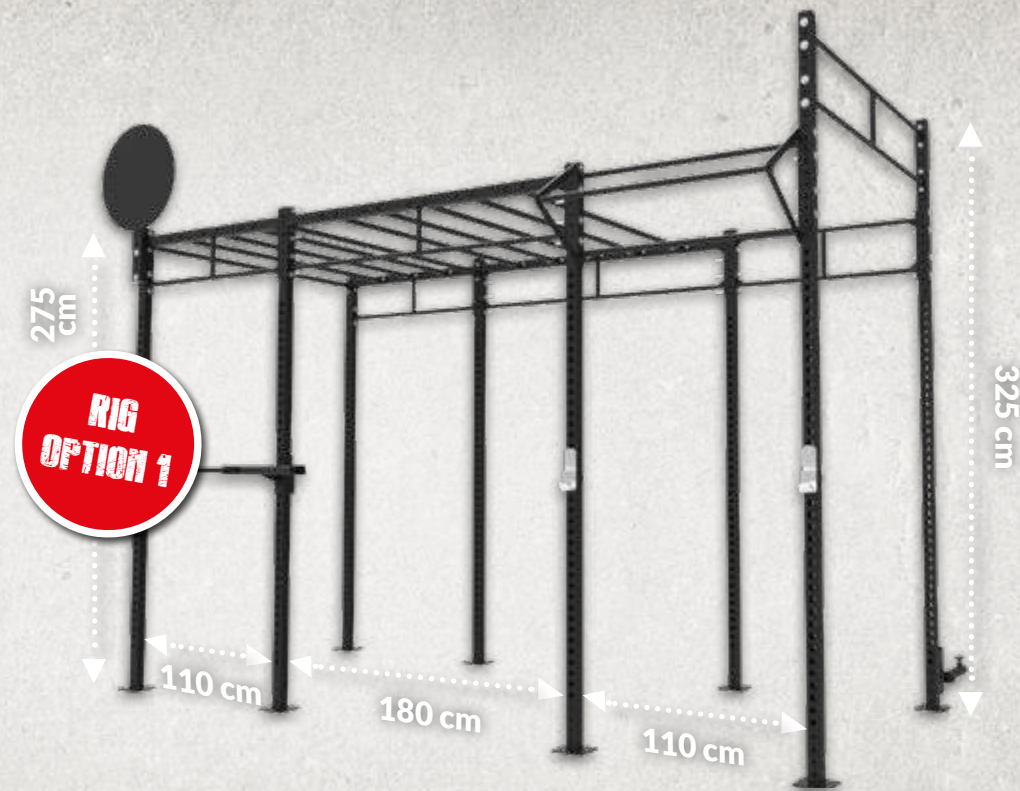


LMX1729
Crossmaxx® Storage pin
(suitable for rigs with Monkey beam)



Crossmaxx® Rig Base models

Hereby a selection of Crossmaxx® XL Rigs, but anything is possible!
Our "Build-Your-Own-Rig" principle provides the freedom to design
a Crossmaxx® XL Rig that is suitable for you!



LMX1710

Crossmaxx® Upright Stand 275cm



LMX1711

Crossmaxx® Upright Stand 325cm



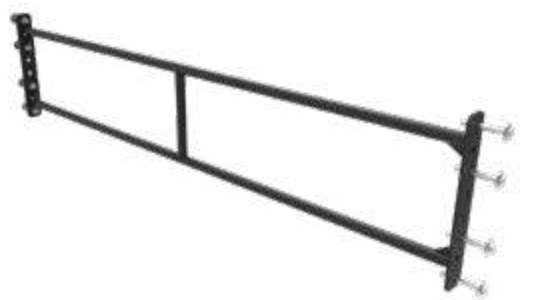
LMX1712

Crossmaxx® 110cm Standard Beam Ø 30mm



LMX1713

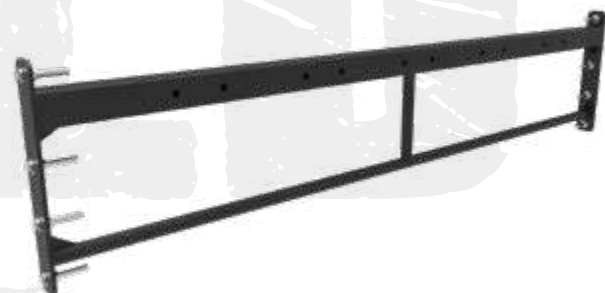
Crossmaxx® 180cm Standard Beam Ø 30mm



LMX1714
Crossmaxx® 110cm Monkey Beam Ø 30mm



LMX1715
Crossmaxx® 180cm Monkey Beam Ø 30mm



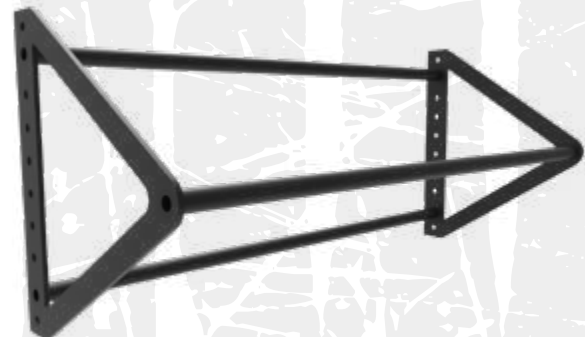
LMX1738
Crossmaxx® 110cm Single Beam Ø 30mm



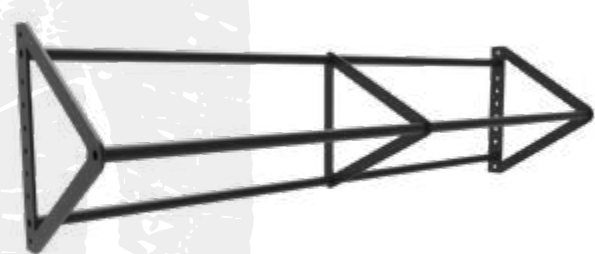
LMX1716
Crossmaxx® 180cm Single Beam Ø 30mm



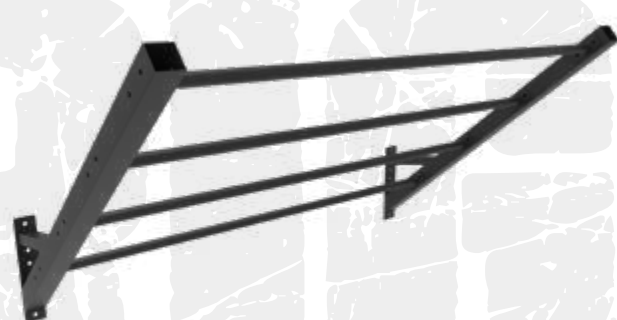
LMX1728
Crossmaxx® 110cm Triangle Beam Ø 30mm



LMX1727
Crossmaxx® 180cm Triangle Beam Ø 30mm



LMX1728
Crossmaxx® Monkey Wing Ø 30mm



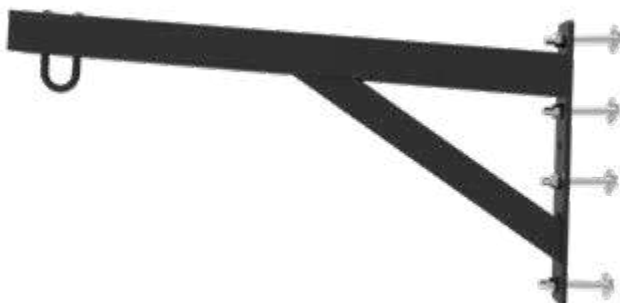
LMX1784
Crossmaxx® 110cm Bar (used with LMX1714 or LMX1715)



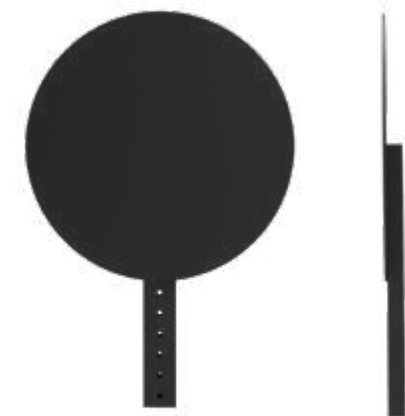
LMX1717
Crossmaxx® 180cm Bar
(to be used with LMX1714 or LMX1715)



LMX1718
Crossmaxx® Boxing Bag Arm



LMX1719
Crossmaxx® Wall Ball Board



LMX1722
Crossmaxx® Total Core Trainer for Rig



LMX1720
Crossmaxx® Plate Holder for Rig



LMX1724
Crossmaxx® J-Hook set



LMX1723
Crossmaxx® Dip station for Rig



LMX1725
Crossmaxx® Spotting Arm set for Rig



LMX1729
Crossmaxx® Storage pin
(suitable for rigs with Monkey beam)



Ordering

Ordering Lifemaxx® products can be done in several ways:
T + 31 (0)10 415 9800
info@lifemaxx.com / sales@lifemaxx.com
www.lifemaxx.com

When ordering please provide us with the following information:

- Full invoice- and shipping address
- VAT number
- Product codes and description of the products you wish to order
- Method of payment

Prices:

- All prices exclude VAT
- All prices exclude optional delivery charges
- Prices may change, please visit our website for actual prices

Delivery:

- We can deliver the order to you by parcel, pallet or Lifemaxx® delivery service
- Delivery charges can be requested via info@lifemaxx.com

Lifemaxx® delivery service not available for orders outside The Benelux.

Warranty:

All Lifemaxx® products are manufactured with our utmost care and craftsmanship. If any defects may arise, the following warranty regulations apply. Lifemaxx® products have a standard 1 year warranty period, with some exceptions:

- 3 year warranty on all Lifemaxx® PU products.
 - 6 months warranty on all cable attachments, all inflated materials, vinyl coated materials, all balls and bags.
 - 3 months warranty on all elastic materials, all jump ropes and aerobic mats.
 - No warranty on neck support rolls and ankle straps.
- If problems arise within that period, Lifemaxx® will repair or replace your product. We may request photographic evidence or will ask you to return the product to us for inspection. Lifemaxx® will not accept responsibility for defects arising from the misuse of any goods, or problems that arise outside the control of Lifemaxx®.

Not covered by the warranty (and tips to increase the lifetime of your products):

- Any damage resulting from use with racks not sourced from Lifemaxx®. For example rubber dumbbells should be stored on Lifemaxx® dumbbell racks which feature saddles to increase the lifetime of the products.
- Damage resulting from slamming or inflating products that are not designed for this purposes. For example medicine balls are not made for slamming or inflating.
- Damage resulting from throwing or dropping products that are not designed for this purpose. For example dumbbells, discs (bumper plates excluded) and kettlebells.
- Our Crossmaxx® rigs and Functional racks must be bolted to the floor for safe use.

For our full terms and conditions, please visit our website www.lifemaxx.com



Need help?

Do you need help with the planning for your personal training zone, weight lifting area, group fitness area or the total planning of a fitness facility or box? Or do you have questions about our products? Our dedicated and experienced team is more than happy to assist you. Please contact us by e-mail or telephone. We also would be delighted to welcome you in our showroom. In our showroom you will have the possibility to try and test all our products.

Couldn't find the product you are looking for? Please visit our website www.lifemaxx.com or our Facebook pages "LifemaxxFitness" or "CrossmaxxFitness" for the latest product updates or contact us.

Have ideas?

Have you got any innovative product ideas or ideas to make the Lifemaxx assortment even better than it already is? Do not hesitate to contact us, we will be happy to listen to your ideas!

Credits:

We would like to thank the following people and businesses for their contribution to the Lifemaxx catalogue:

- Elsje Corporate Fashion: for helping us creating this catalogue from scratch.
- Robert Stolp Photography
- Lotte Valk Make-up Artist
- Our models: Belinda, Pierre, Hanno, Mandy & Sonja

Keep in touch through our Facebook and Instagram pages and read about our latest updates, innovations, events and client experiences.



/Lifemaxxfitness
/Crossmaxxfitness



/Lifemaxxfitness



Lifemaxx B.V. | Rotterdam | The Netherlands | info@lifemaxx.com
sales@lifemaxx.com | lifemaxx.com | T +31 (0)10 415 98 00

LMX.