

| SelectTech® 1090 Dumbbells



Wow yourself with weights that adjust up to 90 lbs.

Space-saving design

Get more workout in less space by replacing 17 sets of weights with one. SelectTech's all-in-one systems let you up the challenge without needing multiple weights.

10 to 90 lbs. per dumbbell

Selection dials easily take you from one exercise to the next, adjusting from 10 to 90 pounds per dumbbell.¹

Adaptive weight recommendations

The JRNY® app syncs with SelectTech dumbbells and remembers how much weight you lifted today so it can make informed weight and workout recommendations tomorrow.²

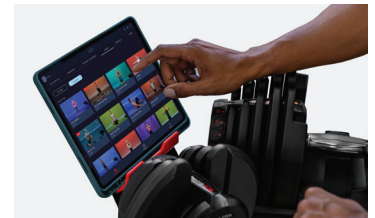
Lift with JRNY

Discover new strength-training exercises and find trainers who will keep you pumped up about your workout. Access JRNY workouts from your smartphone or tablet, perfect whether you're at home or on the go.²

Additional features

- Use your phone or tablet to workout with JRNY®²
- Storage trays included
- Weight selection dials
- Compatible with SelectTech Dumbbell Stand with Media Rack (sold separately)

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Use a phone or tablet to access JRNy²



Weight selection dial



Adjusts from 10 to 90 lbs.¹



Storage trays included


Product details

Assembled dimensions per dumbbell:
17.5" L x 9.5" W x 10" H
(44.4 x 24.2 x 25.3 cm)

Assembly weight per dumbbell:
92.3 lbs.
(41.9 kg)





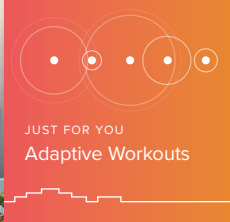

Assembled weight settings:
10, 15, 20, 25, 30, 35, 40, 45, 50, 55, 60, 65, 70, 75, 80, 85, & 90 lbs.
(4, 7, 9, 11, 13, 16, 18, 21, 23, 25, 27, 30, 32, 34, 36, 39, 41 kg)¹

Warranty: Parts: 3 years



Try a JRNy Mobile-Only Membership free for 2 months.³

- Adaptive workouts
- Trainer-led classes
- Performance tracking
- Whole-body workouts
- Adaptive Weight Recommendations



JUST FOR YOU
Adaptive Workouts

¹ Due to tolerances in the manufacturing process, individual weight plates may vary slightly from their stated weight values. ² Membership required for full JRNy® experience. ³ Offer limited to new JRNy members and subject to change without notice. JRNy® membership auto renews annually at then-current annual rates, plus applicable taxes, unless canceled at least 48 hours before free period ends. ©2024 Johnson Health Tech Retail, Inc. All rights reserved. Other trademarks are the property of their respective owners. Johnson Health Tech Retail, Inc. 1600 Landmark Drive, Cottage Grove, WI 53527