

# | Max Trainer® SEi



## Enjoy a high-intensity, low-noise workout.

### Whisper quiet

Skip the noise of a typical elliptical that can make it hard to hear your virtual trainer or workout playlist.

### 7" color display

See just how much every move on your Max Trainer matters with a 7" color display that keeps track of your heart rate, burn rate, and more.

### 16 resistance levels

Take it up a notch with 16 resistance levels that deliver a high-intensity workout in a short amount of time.

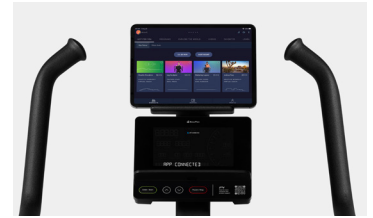
### Exclusive Max Trainer workouts

Work out with one of the built-in programs, or train with JRNY® from your phone or tablet. JRNY has on-demand classes and adaptive workouts exclusively for the Max Trainer.

### Additional features

- Use your phone or tablet to work out with JRNY®<sup>1</sup>
- High-intensity interval training (HIIT)
- Media shelf for a phone or tablet
- Bluetooth® heart rate enabled
- 4-grip handlebars
- Water bottle holder
- Transport wheels

# Max Trainer® SEi



Use a phone or tablet to access JRNY™<sup>1</sup>



Elliptical meets stepper



16 resistance levels



7" color display with built-in workouts


## Product details

**Dimensions:**  
119.1 cm L x 77.6 cm W x 165.6 cm H

**Assembled product weight:**  
65 kg


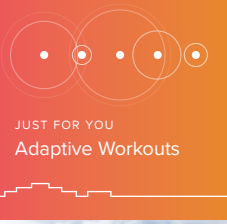




**Maximum user weight:**  
136 kg

**Warranty:** Light commercial



Try a JRNY Mobile-Only Membership free for 2 months.<sup>3</sup>

- Adaptive workouts
- Motion Tracking<sup>2</sup>
- Trainer-led classes
- Performance tracking
- Explore the World® routes
- Whole-body workouts

<sup>1</sup> Separate subscription required. <sup>2</sup> iPad or Android tablet or phone required for Motion Tracking. <sup>3</sup> Offer limited to new JRNY members and subject to change without notice. JRNY® membership auto renews annually at then-current annual rates, plus applicable taxes, unless canceled at least 48 hours before free period ends. © 2023 BowFlex Inc., All rights reserved. BowFlex Inc. (www.bowflex.com) trademarks include BowFlex®, Max Trainer®, VeloCore™, JRNY™, and respective logos. Other trademarks are the property of their respective owners. BowFlex Inc. 17750 SE 6th Way, Vancouver, WA 98683.