

# 5.0AT

5.0AT-21



## UNLOCK UNLIMITED WORKOUT VARIETY

A game-changer in connected home fitness, the 5.0AT treadmill combines both affordability and durability with access to an unlimited variety of workout experiences with Bluetooth FTMS. The simple console layout and get-on-and-go controls appeal to all fitness levels, while app connectivity to the free atZone app and other fitness apps, let you personalize your workouts to your goals.

### FEATURES

Model Number	5.0AT-21
Running Area	140 x 50 cm / 55" x 20"
Cushioning	Variable Response Cushioning
Incline Range	0 - 10%
Speed Range	0.8 - 16km/h / 0.5 - 10mph
Extras	Fan, USB Charging (1A/5V), Speed & Incline QuickDial Controls, Energy Saver Mode, Bottle Holder, Audio In /Out Jack, Tablet Holder, FTMS Data

### DRIVE SYSTEM

Motor	2.5 HP
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### CONSOLE

Display	4 Blue LED Windows
Workout Feedback	Time, Distance, Incline, Speed, Calories, Heart Rate
Programs	Manual, Fat Burn, Time, Distance, Calories, Hill Climb
Entertainment	Bluetooth Speakers Compatible with Other Popular Fitness APPs
Workout Tracking	Bluetooth 4.0 FTMS
Heart Rate	Contact Grips and Bluetooth HR

### TECH SPECS

Assembled Dimensions (L x W x H)	179 x 85 x 150 cm / 71" x 33.5" x 59"
Folded Dimensions (L x W x H)	116 x 85 x 154 cm / 46" x 33.5" x 61"
Product Weight	81.5 kg / 180 lbs.
Max User Weight	124 kg / 275 lbs.

## NEW EASYDIAL THUMB CONTROLS



EasyDial Thumb Controls, located right on the hand grips, are a simple and intuitive way to change your speed and incline without breaking your stride. Simply roll the dial forward to add more challenge or roll it back to decrease the intensity. Perfect for interval workouts or following along with an atZone class.

## FEATHERLIGHT FOLDING



Get the sturdiness of a traditional treadmill with the convenience of a folding frame thanks to our effortless hydraulic folding system that facilitates easy storage between workouts.